

## LONG COURSE RECORDS



EVENT	TIME	DATE ACHIEVED	RECORD HOLDER(S)	TIME	DATE ACHIEVED	RECORD HOLDER(S)
<b>SENIOR RECORDS</b>			<b>FEMALE</b>		<b>MALE</b>	
50m Freestyle	25.85	06/08/2017	Danielle Hill	22.14	31/07/2009	Barry Murphy
100m Freestyle	56.19	01/08/2013	Sycerika McMahon	49.44	07/04/2017	Jordan Sloan
200m Freestyle	1.59.93	20/08/1997	Michelle Smith	1.47.41	06/04/2017	Jordan Sloan
400m Freestyle	4.07.25	28/08/1996	Michelle Smith	3.54.11	10/07/2013	Andrew Meegan
800m Freestyle	8.25.04	12/08/2010	Grainne Murphy	8.07.37	13/07/2013	Andrew Meegan
1500m Freestyle	16.02.29	14/08/2010	Grainne Murphy	15.19.98	31/07/2013	Andrew Meegan
50m Backstroke	28.76	03/02/2017	Danielle Hill	24.72	23/08/2017	Shane Ryan
100m Backstroke	1.01.76	29/04/2011	Aisling Cooney	53.85	07/08/2016	Shane Ryan
200m Backstroke	2.10.75	22/05/2012	Melanie Nocher	1.58.80	08/04/2017	Conor Ferguson
50m Breaststroke	30.91	28/06/2017	Mona McSharry	27.26	28/07/2009	Barry Murphy
100m Breaststroke	1.07.10	28/08/2017	Mona McSharry	1.00.58	03/08/2017	Alex Murphy
200m Breaststroke	2.27.44	30/06/2017	Mona McSharry	2.10.16	16/08/2008	Andrew Bree
50m Butterfly	26.99	05/03/2016	Shauna O'Brien	23.65	30/07/2013	Barry Murphy
100m Butterfly	1.00.21	03/05/2015	Shauna O'Brien	53.26	08/04/2017	Brendan Hyland
200m Butterfly	2.09.91	20/08/1996	Michelle Smith	1.58.08	07/04/2017	Brendan Hyland
200m Individual Medley	2.13.64	26/07/2009	Grainne Murphy	2.02.09	29/07/2017	James Brown
400m Individual Medley	4.39.18	20/08/1996	Michelle Smith	4.27.45	27/04/2013	Brendan Hyland
4x100m FTR National Team	3.47.21	26/07/2009	Ireland - F Doyle, C Dawson, N O'Sullivan, M Nocher	3.19.739	20/08/2017	Ireland - S Ryan, C Bain, D Prendergast, J Sloan
4x200m FTR National Team	8.07.66	24/07/2011	Ireland - S McMahon, M Nocher, C Dawson, G Murphy	7.30.45	01/08/2013	Ireland - S Leahy, S Stacey, B Hyland, C Coulter
4x100m MTR National Team	4.12.67	01/08/2009	Ireland - A Cooney, F Doyle, G Murphy, C Dawson	3.36.61	29/07/2017	Ireland - S Ryan, N Quinn, B Hyland, J Sloan
4x50m FTR Club Team	1.49.81	11/11/2017	Ards - R Reid, E Reid, S Armstrong, V Catterson	1.34.41	21/07/2016	UCD - D Prendergast, D Power, A Melennec, K McGlade
4x100m FTR Club Team	3.55.52	23/02/2013	UCD - J Stallard, S Stallard, I McGlynn, S O'Brien	3.23.38	06/04/2017	Bangor - D Thompson, J McMillan, C Ferguson, J Sloan
4x200m FTR Club Team	8.34.21	22/02/2013	UCD - S Stallard, L Comerford, A Cooney, S O'Brien	7.32.11	07/04/2017	Bangor - J McMillan, C Ferguson, D Thompson, J Sloan
4x50m MTR Club Team	1.58.85	11/11/2017	Ards - R Reid, Z Thompson, E Reid, V Catterson	1.41.94	23/07/2016	UCD - D Prendergast, D Greene, A Murphy, K McGlade
4x100m MTR Club Team	4.21.26	06/03/2016	Ards - R Reid, Z Thompson, E Reid, B Firth	3.45.07	08/04/2017	Bangor - C Ferguson, J Graham, J Sloan, D Thompson
<b>JUNIOR RECORDS</b>			<b>FEMALE (up to 17th birthday)</b>		<b>MALE (up to 19th birthday)</b>	
50m Freestyle	26.08	06/03/2016	Danielle Hill	23.06	21/07/2013	Curtis Coulter
100m Freestyle	57.06	28/07/2009	Sycerika McMahon	50.00	08/07/2016	Gerry Quinn
200m Freestyle	2.00.61	09/07/2011	Sycerika McMahon	1.50.71	19/07/2017	Jack McMillan
400m Freestyle	4.13.85	07/07/2011	Sycerika McMahon	3.57.62	18/04/2009	Andrew Meegan
800m Freestyle	8.36.63	09/07/2009	Grainne Murphy	8.19.15	29/04/2013	Conor Turner
1500m Freestyle	16.28.47	27/07/2009	Grainne Murphy	15.46.79	20/02/2009	Andrew Meegan
50m Backstroke	29.15	04/03/2016	Danielle Hill	25.24	09/04/2017	Conor Ferguson
100m Backstroke	1.02.53	10/07/2016	Danielle Hill	54.41	29/04/2016	Conor Ferguson
200m Backstroke	2.16.09	06/03/2016	Danielle Hill	1.58.80	08/04/2017	Conor Ferguson
50m Breaststroke	30.91	28/06/2017	Mona McSharry	28.89	23/07/2009	Michael Dawson
100m Breaststroke	1.07.38	07/04/2017	Mona McSharry	1.02.72	29/07/2009	Michael Dawson
200m Breaststroke	2.27.44	30/06/2017	Mona McSharry	2.17.22	06/03/2012	Nicholas Quinn
50m Butterfly	27.95	04/02/2017	Mona McSharry	25.02	06/08/2015	Calum Bain
100m Butterfly	1.00.89	08/04/2016	Emma Reid	54.50	29/04/2013	Brendan Hyland
200m Butterfly	2.13.66	29/07/2009	Grainne Murphy	1.59.14	02/08/2013	Brendan Hyland
200m Individual Medley	2.13.64	26/07/2009	Grainne Murphy	2.05.77	29/04/2013	Brendan Hyland
400m Individual Medley	4.40.88	11/07/2009	Grainne Murphy	4.27.45	27/04/2013	Brendan Hyland
4x100m FTR National Team	3.56.69	20/07/2007	Ireland - N O'Sullivan, B Carson, E Doyle, F Doyle	3.27.33	04/07/2012	Ireland - C Coulter, B O'Sullivan, B O'Sullivan, D Prendergast
4x200m FTR National Team	8.32.65	14/07/2013	Ireland - MK McDowell, S Kelly, L Fleming, C Flood	7.38.57	06/07/2012	Ireland - C Coulter, B O'Sullivan, B O'Sullivan, D Prendergast
4x100m MTR National Team	4.18.13	25/06/2015	Ireland - D Hill, M McSharry, E Reid, R Bethel	3.56.74	28/07/2017	Ireland - S Scannell, E Corby, E Murtagh, S McNicholl
4x50m FTR Club Team	1.49.96	10/04/2016	Ards - R Reid, Z Thompson, V Catterson, E Reid	1.38.23	24/07/2016	Aer Lingus - N Turner, A Carey, B Doyle, C Kearney
4x100m FTR Club Team	4.01.84	07/04/2017	Kilkenny - M Godden, K Dunne, M Cobey-Dunne, N Trait	3.30.30	18/07/2013	Ards - C Coulter, M Scott, J Kelly, C Munn
4x200m FTR Club Team	8.52.26	19/07/2013	Galway - K Finn, K Kavanagh, K Walsh, R Keogh	7.51.60	27/04/2013	Ards - J Kelly, J Brown, M Scott, C Coulter
4x50m MTR Club Team	2.00.63	09/04/2016	Ards - R Reid, Z Thompson, E Reid, V Catterson	1.48.91	22/04/2017	Ards - P Johnston, J Angus, C Armstrong, T Uprichard
4x100m MTR Club Team	4.28.74	28/04/2013	Bangor - J Drennan, C Grimley, MK McDowell, M Moore	3.56.15	27/04/2013	Ards - C Coulter, M Scott, J Brown, C Munn