

Swim Ireland

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2017-2018 Swimming Season Plan (Version VI)

Jon Rudd (National Performance Director)



WEEK COMM	DATE	DAY	END OF CYCLE	INTERNATIONAL & NATIONAL PROGRAMME	PROVINCIAL/REGIONAL PROGRAMME	CAMPS & NOTES
	31	Th	104		UK Schools Games (Loughborough) Day 1	
Sep-17						
	1	F	103		UK Schools Games (Loughborough) Day 2	
	2	S	102		UK Schools Games (Loughborough) Day 3	
	3	S	101		UK Schools Games (Loughborough) Day 4	
04-Sep	4	M	100			Season 2017-2018 Commences. Northern Ireland athletes should consider commencing season from 21/08/17
	5	T	99			
	6	W	98			
	7	TH	97			
	8	F	96			
	9	S	95			
	10	S	94			
11-Sep	11	M	93			Recommended Season 2017-2018 commencement for athletes returning from World University Games or World Junior Championships
	12	T	92			
	13	W	91			
	14	TH	90			National Squad PE & PP Orientation Camp (Dublin) Day 1
	15	F	89			National Squad PE & PP Orientation Camp (Dublin) Day 2
	16	S	88			National Squad PE & PP Orientation Camp (Dublin) Day 3
	17	S	87			National Squad PE & PP Orientation Camp (Dublin) Day 4
18-Sep	18	M	86			
	19	T	85			
	20	W	84			
	21	TH	83			
	22	F	82			
	23	S	81			Regional Squads Level 1 & 2 Orientation/Skill Testing Day
	24	S	80			European Week of Sport Commences
25-Sep	25	M	79			
	26	T	78			
	27	W	77			
	28	TH	76			

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	29	F	75			
	30	S	74		Regional SC Development Meet Opportunity	Window 1 of 6 (One or Two Days). Not eligible for Irish SC Nationals Qualification. Age Groups 10 years & over
Oct-17						
	1	S	73		Regional SC Development Meet Opportunity	
02-Oct	2	M	72			Parent in Sport Week Commences
	3	T	71			
	4	W	70			
	5	TH	69			
	6	F	68			
	7	S	67			
	8	S	66			Regional Squads Level 1 (Day 1)
09-Oct	9	M	65			
	10	T	64			
	11	W	63			
	12	TH	62			
	13	F	61		Regional SC Qualifying Meet (Venues TBC)	Window 1 of 3. Two or Three-Day Meet. Regional SC Qualifier. Eligible for Irish SC Nationals Qualification. Age Groups 10 years & over
	14	S	60		Regional SC Qualifying Meet (Venues TBC)	
	15	S	59		Regional SC Qualifying Meet (Venues TBC)	
16-Oct	16	M	58			
	17	T	57			
	18	W	56			
	19	TH	55	National Squad PE Depart for Amsterdam/Manchester		Athletes split into two groups. Those Northern Ireland athletes with Commonwealth Games qualification chances travel to Manchester (LC). All others travel to Amsterdam (SC)
	20	F	54	Manchester International Meet (Manchester) Day 1 Netherlands Swim Cup SC (Amsterdam) Day 1		
	21	S	53	Manchester International Meet (Manchester) Day 2 Netherlands Swim Cup SC (Amsterdam) Day 2	Regional SC Minor Schools Meet (Venues TBC)	All Regions to run these school events on this weekend. Eligible for Irish SC Nationals Qualification
	22	S	52	Manchester International Meet (Manchester) Day 3 Netherlands Swim Cup SC (Amsterdam) Day 3	Regional SC Senior Schools Meet (Venues TBC)	
23-Oct	23	M	51	National Squad PE Return from Amsterdam/Manchester		
	24	T	50			
	25	W	49			
	26	TH	48			
	27	F	47			

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	28	S	46			
	29	S	45			
31-Oct	30	M	44			
	31	T	43			
Nov-17						
	1	W	42			
	2	TH	41			
	3	F	40		Regional SC Championships (Venues TBC) Day 1	Leinster, Munster & Connacht only. Ulster to run a Qualifying Meet if required. Age Groups as Youth (Male 16 years & under and Female 15 years & under) and Senior (Male 17 years & over and Female 16 years & over). Qualifying Times to reflect two age groups per gender
	4	S	39		Regional SC Championships (Venues TBC) Day 2	
	5	S	38		Regional SC Championships (Venues TBC) Day 3	
06-Nov	6	M	37			End of qualifying period for qualification to Irish National SC Championships. Qualifying times to be SC only from 01/12/16
	7	T	36			
	8	W	35			
	19	TH	34			
	10	F	33			
	11	S	32			
	12	S	31			
13-Nov	13	M	30			
	14	T	29			
	15	W	28			
	16	TH	27			
	17	F	26			
	18	S	25		Regional SC Development Meet Opportunity (Venues TBC)	Window 2 of 6 (One or Two Days). Not eligible for Irish SC Nationals Qualification. Age Groups 10 years & over
	19	S	24		Regional SC Development Meet Opportunity (Venues TBC)	
20-Nov	20	M	23			
	21	T	22			
	22	W	21			
	23	TH	20			
	24	F	19			
	25	S	18			Swim Ireland Congress & Awards

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	26	S	17			
27-Nov	27	M	16			
	28	T	15			
	29	W	14			
	30	TH	13			
Dec-17						
	1	F	12			
	2	S	11			
	3	S	10			
04-Dec	4	M	9			
	5	T	8			
	6	W	7			
	7	TH	6			
	8	F	5		Ulster Regional & Open LC Championships (Bangor) Day 1	N. Ireland Commonwealth Games Qualifying Opportunity
	9	S	4	Swim Ireland Christmas Cracker Meet (Dublin)	Ulster Regional & Open LC Championships (Bangor) Day 2	
	10	S	3	Depart for Copenhagen	Ulster Regional & Open LC Championships (Bangor) Day 3	
11-Dec	11	M	2	Orientation (Copenhagen) Day 1		
	12	T	1	Orientation (Copenhagen) Day 2		
	13	W	0	LEN European SC Championships (Copenhagen) Day 1		
	14	TH		LEN European SC Championships (Copenhagen) Day 2 Irish National SC Championships (Lisburn) Day 1		Age Groups as Youth (Male 16 years & under and Female 15 years & over) and Senior (Male 17 years & over and Female 16 years & over). Qualifying Times to reflect two age groups per gender. Full Olympic Programme plus 50m Form Strokes. 'A' and 'B' Finals per event (800m/1500m as Timed Finals). Four Open 200m Relays, single gender and mixed Freestyle and Medley relays – timed finals
	15	F		LEN European SC Championships (Copenhagen) Day 3 Irish National SC Championships (Lisburn) Day 2		
	16	S		LEN European SC Championships (Copenhagen) Day 4 Irish National SC Championships (Lisburn) Day 3		
	17	S		LEN European SC Championships (Copenhagen) Day 5 Irish National SC Championships (Lisburn) Day 4		
18-Dec	18	M	107	Return from Copenhagen		
	19	T	106			
	20	W	105			
	21	TH	104			
	22	F	103			
	23	S	102			
	24	S	101			

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25-Dec	25	M	100			
	26	T	99			
	27	W	98			Regional Squads Level 2 & 3 Event Camp (Day 1)
	28	TH	97			Regional Squads Level 2 & 3 Event Camp (Day 2)
	29	F	96			Regional Squads Level 2 & 3 Event Camp (Day 3)
	30	S	95	Depart for National Squad PE Offshore Stroke Camp (Day 1)		
	31	S	94	National Squad PE Offshore Stroke Camp (Day 2)		
Jan-18						
02-Jan	1	M	93	National Squad PE Offshore Stroke Camp (Day 3)		
	2	T	92	National Squad PE Offshore Stroke Camp (Day 4)		
	3	W	91	National Squad PE Offshore Stroke Camp (Day 5)		
	4	TH	90	National Squad PE Offshore Stroke Camp (Day 6)		
	5	F	89	National Squad PE Offshore Stroke Camp (Day 7)		
	6	S	88	National Squad PE Offshore Stroke Camp (Day 8)		Regional Squads Level 1 (Day 2)
	7	S	87	National Squad PE Offshore Stroke Camp (Day 9)		
09-Jan	8	M	86	National Squad PE Offshore Stroke Camp (Day 10)		
	9	T	85	National Squad PE Offshore Stroke Camp (Day 11)		
	10	W	84	Return National Squad PE Offshore Stroke Camp (Day 12)		
	11	TH	83			
	12	F	82			
	13	S	81		Regional SC/LC Development Meet Opportunity	Window 3 of 6 (One or Two Days). Age Groups 10 years & over
	14	S	80		Regional SC/LC Development Meet Opportunity	
16-Jan	15	M	79			
	16	T	78			
	17	W	77			
	18	TH	76			
	19	F	75		Gerry Ryan Invitational LC Meet (Limerick) Day 1 Bangor Open Meet (Bangor) Day 1	2018 Irish Open (Post Summer) Qualifying Meets No 1 (x 3) National Squad athletes do not attend
	20	S	74		Gerry Ryan Invitational LC Meet (Limerick) Day 2 Bangor Open Meet (Bangor) Day 2 Leinster Open Meet (Dublin) Day 1	
	21	S	73		Gerry Ryan Invitational LC Meet (Limerick) Day 3 Bangor Open Meet (Bangor) Day 3 Leinster Open Meet (Dublin) Day 2	

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23-Jan	22	M	72			
	23	T	71			
	24	W	70			
	25	TH	69	National Squad PE & PP Depart Luxembourg		2018 Irish Open (Post Summer) Qualifying Meets No 1 (x1) National Squad Only
	26	F	68	Euro Meet (Luxembourg City) Day 1		
	27	S	67	Euro Meet (Luxembourg City) Day 2		
	28	S	66	Euro Meet (Luxembourg City) Day 3		
30-Jan	29	M	65	National Squad PE & PP Return Luxembourg		
	30	T	64			
	31	W	63			
Feb-18						
	1	TH	62			
	2	F	61		Regional SC/LC Qualifying Meet (Venues TBC)	Window 2 of 3. One, two or three-day meet. Age groups 10 years & over. Regions may merge if required. Not eligible for Irish LC Championships Qualification. Eligible for Irish National Summer LC Championships Qualification (if held in a LC Pool)
	3	S	60		Regional SC/LC Qualifying Meet (Venues TBC)	
	4	S	59		Regional SC/LC Qualifying Meet (Venues TBC)	
05-Feb	5	M	58			
	6	T	57			
	7	W	56			
	8	TH	55			
	9	F	54			
	10	S	53			
	11	S	52	Irish Minor Schools (Dublin)		
12-Feb	12	M	51	National Squad PP Onshore Event Camp (Day 1)		
	13	T	50	National Squad PP Onshore Event Camp (Day 2)		
	14	W	49	National Squad PP Onshore Event Camp (Day 3)		
	15	TH	48	National Squad PP Onshore Event Camp (Day 4)		
	16	F	47	McCullagh International Meet (Bangor) Day 1		2018 Irish Open (Post Summer) Qualifying Meet No 2 End of qualifying period for qualification to Irish National LC Championships. Qualifying times to be LC only from 01/07/17
	17	S	46	McCullagh International Meet (Bangor) Day 2		
	18	S	45	McCullagh International Meet (Bangor) Day 3		
19-Feb	19	M	44			
	20	T	43			

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	21	W	42			
	22	TH	41	National Squad PE Offshore Event Camp (Day 1)		
	23	F	40	National Squad PE Offshore Event Camp (Day 2)		
	24	S	39	National Squad PE Offshore Event Camp (Day 3)		Regional Squads Level 2 & 3 Skills Day
	25	S	38	National Squad PE Offshore Event Camp (Day 4)		
26-Feb	26	M	37	National Squad PE Offshore Event Camp (Day 5)		
	27	T	36	National Squad PE Offshore Event Camp (Day 6)		
	28	W	35	National Squad PE Depart for Edinburgh		
Mar-18						
	1	TH	34	Edinburgh International Meet (Edinburgh) Day 1		
	2	F	33	Edinburgh International Meet (Edinburgh) Day 2		
	3	S	32	Edinburgh International Meet (Edinburgh) Day 3	Regional SC/LC Development Meet Opportunity	Window 4 of 6 (One or Two Days). Age Groups 10 years & over
	4	S	31	Edinburgh International Meet (Edinburgh) Day 4	Regional SC/LC Development Meet Opportunity	Regional Squads Level 1 (Day 3)
05-Mar	5	M	30	National Squad PE Return from Edinburgh		
	6	T	29			
	7	W	28			
	8	TH	27			
	9	F	26		Regional SC/LC Qualifying Meet Opportunity	Window 3 of 3. One, two or three-day meet. Age groups 10 years & over. Regions may merge if required. Eligible for Irish National Summer LC Championships Qualification (if held in a LC Pool)
	10	S	25		Regional SC/LC Qualifying Meet Opportunity	
	11	S	24		Regional SC/LC Qualifying Meet Opportunity	
12-Mar	12	M	23			
	13	T	22			
	14	W	21			
	15	TH	20			
	16	F	19			
	17	S	18			
	18	S	17			
19-Mar	19	M	16			
	20	T	15			
	21	W	14			

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	22	TH	13			
	23	F	12			
	24	S	11		Depart for Gold Coast	
	25	S	10		Commonwealth Games Orientation (Gold Coast)	
26-Mar	26	M	9		Commonwealth Games Orientation (Gold Coast)	
	27	T	8		Commonwealth Games Orientation (Gold Coast)	
	28	W	7		Commonwealth Games Orientation (Gold Coast)	
	29	TH	6		Commonwealth Games Orientation (Gold Coast)	
	30	F	5		Commonwealth Games Orientation (Gold Coast)	
	31	S	4		Commonwealth Games Orientation (Gold Coast)	
Apr-18						
	1	S	3		Commonwealth Games Orientation (Gold Coast)	
02-Apr	2	M	2		Commonwealth Games Orientation (Gold Coast)	
	3	T	1		Commonwealth Games Orientation (Gold Coast)	
	4	W	0	Irish Open LC Championships (Dublin) Day 1	Commonwealth Games (Gold Coast) Day 1	2018 European LC Championships, European Junior Championships & World Youth Olympics Qualifying Meet (two simultaneous venues – Dublin & Gold Coast).
	5	TH		Irish Open LC Championships (Dublin) Day 2	Commonwealth Games (Gold Coast) Day 2	
	6	F		Irish Open LC Championships (Dublin) Day 3	Commonwealth Games (Gold Coast) Day 3	
	7	S		Irish Open LC Championships (Dublin) Day 4	Commonwealth Games (Gold Coast) Day 4	
	8	S		Irish Open LC Championships (Dublin) Day 5	Commonwealth Games (Gold Coast) Day 5	
09-Apr	9	M	116		Commonwealth Games (Gold Coast) Day 6	
	10	T	115		Commonwealth Games (Gold Coast) Day 7	
	11	W	114		Orientation (Gold Coast)	
	12	TH	113		Return from Gold Coast	Optional National Squad Training (Dublin) Day 1
	13	F	112			Optional National Squad Training (Dublin) Day 2
	14	S	111			National Team Day (Dublin)
	15	S	110	Schools Interpro (Dublin)		
16-Apr	16	M	109			
	17	T	108			
	18	W	107			
	29	TH	106			
	20	F	105			

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	21	S	104			Regional Squads Level 2 & 3 Stroke Camp
	22	S	103			Regional Squads Level 2 & 3 Stroke Camp
23-Apr	23	M	102			
	24	T	101			
	25	W	100			
	26	TH	99			
	27	F	98			
	28	S	97			Swim Ireland AGM
	29	S	96			
30-Apr	30	M	95			
May-18						
	1	T	94			
	2	W	93	ISF World Schools Games Gymnasiade (Marrakech) Day 1		
	3	TH	92	ISF World Schools Games Gymnasiade (Marrakech) Day 2		
	4	F	91	ISF World Schools Games Gymnasiade (Marrakech) Day 3		
	5	S	90	ISF World Schools Games Gymnasiade (Marrakech) Day 4	Regional LC Youth & Senior Champs (Venues TBC) Day 1	All four regions to run their Championships this weekend over three days. Irish Summer Nationals Qualifying Meet. Regions may merge if required. Age groups 15 years, 16 years, 17 years & over. Full Olympic Programme (including Olympic relays) plus 50m Form Strokes. Finals for all events other than relays and 400m/800m/1500 (Timed Finals)
	6	S	89	ISF World Schools Games Gymnasiade (Marrakech) Day 5	Regional LC Youth & Senior Champs (Venues TBC) Day 2	
07-May	7	M	88	ISF World Schools Games Gymnasiade (Marrakech) Day 6	Regional LC Youth & Senior Champs (Venues TBC) Day 3	
	8	T	87	ISF World Schools Games Gymnasiade (Marrakech) Day 7		
	19	W	86			
	10	TH	85			
	11	F	84			
	12	S	83			
	13	S	82			
14-May	14	M	81			
	15	T	80			
	16	W	79			
	17	TH	78			
	18	F	77			
	19	S	76		Regional SC/LC Development Meet Opportunity	Window 5 of 6 (One or Two Days). Age Groups 10 years & over

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	20	S	75		Regional SC/LC Development Meet Opportunity	
21-May	21	M	74			
	22	T	73			
	23	W	72			
	24	TH	71			
	25	F	70			
	26	S	69			
	27	S	68			
22-May	28	M	67			
	29	T	66			
	30	W	65			
	31	TH	64			
Jun-18						
	1	F	63		Regional LC Age Group Champs (Venues TBC) Day 1	All four regions to run their Age Championships this weekend over two or three days. Irish Summer Nationals Qualifying Meet. Age groups 11/12 years, 13 years, 14 years. Regions may merge if required. Full Olympic Programme (including Olympic relays) plus 50m Form Strokes. Finals for all events other than relays and 400m/800m/1500 (Timed Finals)
	2	S	62		Regional LC Age Group Champs (Venues TBC) Day 2	
	3	S	61		Regional LC Age Group Champs (Venues TBC) Day 3	
04-Jun	4	M	60			
	5	T	59			
	6	W	58	National Squad Identified Female Camp 1 (Day 1)		
	7	TH	57	National Squad Identified Female Camp 1 (Day 2)		
	8	F	56	National Squad Identified Female Camp 1 (Day 3)		
	9	S	55	Mare Nostrum (Canet) Day 1		Regional Squads Level 1 (Day 4)
	10	S	54	Mare Nostrum (Canet) Day 2		
11-Jun	11	M	53	National Squad Identified Female Camp 1 (Day 6)		
	12	T	52	National Squad Identified Female Camp 1 (Day 7)		
	13	W	51	Mare Nostrum (Barcelona) Day 1		
	14	TH	50	Mare Nostrum (Barcelona) Day 2		
	15	F	49	National Squad Identified Female Camp 1 (Day 10)		
	16	S	48	Mare Nostrum (Monaco) Day 1	Regional SC/LC Development Meet Opportunity	Window 6 of 6 (One or Two Days). Age Groups 10 years & over
	17	S	47	Mare Nostrum (Monaco) Day 2	Regional SC/LC Development Meet Opportunity	

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18-Jun	18	M	46			Qualification for Irish National Summer Championships & Irish National Div 2 Championships Closes Today
	19	T	45			
	20	W	44			
	21	TH	43			
	22	F	42	National Squad Identified Male Relay Camp (Day 1)		
	23	S	41	National Squad Identified Male Relay Camp (Day 2)		
	24	S	40	National Squad Identified Male Relay Camp (Day 3)		
25-Jun	25	M	39	National Squad Identified Male Relay Camp (Day 4)		
	26	T	38	National Squad Identified Male Relay Camp (Day 5)		
	27	W	37	Regional Squads Level 2 & 3 Depart for Glasgow National Squad Identified Male Relay Camp (Day 6)		Regional Squads Level 2 Offshore Meet
	28	TH	36	Scottish National Championships (Glasgow) Day 1 National Squad Identified Male Relay Camp (Day 6)		
	29	F	35	Scottish National Championships (Glasgow) Day 2 Sette Colli (Rome) Day 1		
	30	S	34	Scottish National Championships (Glasgow) Day 3 Sette Colli (Rome) Day 2		
Jul-18						
	1	S	33	Scottish National Championships (Glasgow) Day 4 Sette Colli (Rome) Day 3		
02-Jul	2	M	32	Regional Squads Level 2 & 3 Return from Glasgow National Squad Identified Male Relay Camp (Day 10) Depart for Helsinki		
	3	T	31	Orientation (Helsinki)		
	4	W	30	European Junior Championships (Helsinki) Day 1		
	5	TH	29	European Junior Championships (Helsinki) Day 2 Irish National Div 2 SC Meet (Limerick) Day 1		Age groups 11/12 years, 13 years, 14 years, 15 years & over. Full Olympic Programme plus 50m Form Events. Finals for all Olympic events in all age groups other than 800m/1500m (Timed Finals) One final in 50m Form Events. 200m relays (male, female, mixed) in age groups 11-14 years and 15/Over as Timed Finals. SC Meet with LC qualification times (conversions will be accepted)
	6	F	28	European Junior Championships (Helsinki) Day 3 Irish National Div 2 SC Meet (Limerick) Day 2		
	7	S	27	European Junior Championships (Helsinki) Day 4 Irish National Div 2 SC Meet (Limerick) Day 3		
	8	S	26	European Junior Championships (Helsinki) Day 5 Irish National Div 2 SC Meet (Limerick) Day 4		
09-Jul	9	M	25	Return from Helsinki		
	10	T	24			
	11	W	23			
	12	TH	22			
	13	F	21			

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	14	S	20			
	15	S	19			
16-Jul	16	M	18			
	17	T	17			
	18	W	16			
	19	TH	15			
	20	F	14			
	21	S	13			
	22	S	12			
23-Jul	23	M	11			
	24	T	10			
	25	W	9	Irish National Summer LC Championships (Dublin) Day 1		Age groups 12/13 years, 14 years, 15 years, 16 years, 17 years & over. Full Olympic Programme plus 50m Form Events. Finals for all Olympic events in all age groups other than 800m/1500m (Timed Finals). One 15&Over Final in 50m Form Events. ALL Olympic relays in age groups 12-14 years and 15 years & over as Timed Finals.
	26	TH	8	Irish National Summer LC Championships (Dublin) Day 2		
	27	F	7	Irish National Summer LC Championships (Dublin) Day 3		
	28	S	6	Irish National Summer LC Championships (Dublin) Day 4		
	29	S	5	Irish National Summer LC Championships (Dublin) Day 5		
30-Jul	30	M	4			
	31	T	3			
Aug-18						
	1	W	2			
	2	TH	1	Bubbling Under Team Offshore Meet (Venue TBC) Day 1		
	3	F	0	LEN European LC Championships (Glasgow) Day 1 Bubbling Under Team Offshore Meet (Venue TBC) Day 2		
	4	S		LEN European LC Championships (Glasgow) Day 2 Bubbling Under Team Offshore Meet (Venue TBC) Day 3		
	5	S		LEN European LC Championships (Glasgow) Day 3 Bubbling Under Team Offshore Meet (Venue TBC) Day 4		
06-Aug	6	M		LEN European LC Championships (Glasgow) Day 4		
	7	T		LEN European LC Championships (Glasgow) Day 5		
	8	W		LEN European LC Championships (Glasgow) Day 6 LEN European Open Water Championships (Glasgow) Day 1		
	9	TH		LEN European LC Championships (Glasgow) Day 7 LEN European Open Water Championships (Glasgow) Day 2		
	10	F				

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	11	S		LEN European Open Water Championships (Glasgow) Day 3		
		S		LEN European Open Water Championships (Glasgow) Day 4		
13-Aug	13	M				
	14	T				
	15	W				
	16	TH				
	17	F				
	18	S				
	29	S				
20-Aug	20	M				
	21	T				
	22	W				
	23	TH				
	24	F				
	25	S				
	26	S				
27-Aug	27	M				
	28	T				
	29	W				
	30	TH				
	31	F				World Youth Olympics (Buenos Aries) 06/10/18 – 18/10/18
Sep-18						
	1	S				2018-2019 Season Commences

ALL COMPETITIONS (OTHER THAN SCHOOLS COMPETITIONS) TO BE AGE CLASSIFIED AS OF 31ST DECEMBER