

Level 1 Coaching Swimming – Dolphin SC December 2013

Day	Date	Theory		Practical		Exam	Total
		From	To	From	To		
Day 1	5/12/13	18:00	22:00				4
Day 2	6/12/13	17:00	18:00	18:00	20:00		3
Day 3	7/12/13	10:00(Lunch 13:00-14:00)	16:00	16:00	18:00		7
Day 4	8/12/13	09:00(Lunch 12:00-13:00)	15:00	06:00	09:00		8
Day 5	14/12/13	10:00(Lunch 13:00-14:00)	16:00	16:00	18:00		8
Day 6	15/12/13	09:00	13:00	06:00	09:00		6
Day 7							
Day 8							
Day 9							
Day							
Day							
Day							
Day							
Day							
Day							
Day							
Day							
Total hours:		Total theory: 23		Total practical:			