Competition	European Long Course Championships Berlin, Germany 18th-24th August 2014
Version 2 Release Date	February 5th 2014

Section A

Selection Window	January 1st 2014 – April 31st 2014
Selection Events:	1. Dave McCullagh Memorial 2014 **2. Irish Long Course National Championships 2014 (Attendance Compulsory)** 3. One Nominated Meet 2014 (agreed in advance of competing)

Section B

The Qualification Times are based on the average results of the last four years.

The Qualifying Times for the European Long Course Championships 2014 are as follows:

Men	European Long Course Championships	Women
Long Course	**Events**	**Long Course**
00:22.74	50m Freestyle	00:25.79
00:49.82	100m Freestyle	00:55.93
01:50.09	200m Freestyle	02:01.88
03:52.92	400m Freestyle	04:16.88
08:09.50	800m Freestyle	08:51.62
15:39.35	1500m Freestyle	16:49.68
25.75	50m Backstroke	29.47
00:55.59	100m Backstroke	01:03.14
02:02.23	200m Backstroke	02:16.76
28.16	50m Breaststroke	32.38
01:01.89	100m Breaststroke	01:10.46
02:14.62	200m Breaststroke	02:33.09
24.28	50m Butterfly	27.25
00:53.47	100m Butterfly	01:00.11
02:00.64	200m Butterfly	02:15.19
--	100m Individual Medley	--
02:03.22	200m Individual Medley	02:17.64
04:23.48	400m Individual Medley	04:57.88
03:20.00	4x100m Freestyle Team Relay	03:49.00
03:40.00	4x100m Medley Team Relay	04:09.00
07:22.00	4x200m Freestyle Team Relay	08:.13.00

Performance Requirements:	1. To be eligible for consideration swimmers must record a time equal to or better than the times detailed above at one of the selection events. 2. A maximum of four swimmers per event will be considered for selection 3. At the conclusion of the selection events those who have achieved the qualifying time will then be considered for selection by the National Selection Committee. 4. Relay splits will not be considered for selection for an individual event or relay 5. Notwithstanding the time and places and achieved in the heats only the two fastest swimmers from the respective federation may proceed to the semi-finals and/or finals. (ESC 2.2) 6. Swimmers will be required to prove their fitness within the qualification window at a designated meet prior to competing at the European Senior LC Championships. Failure to do so may result in non-selection. **Other Conditions:** 7. Qualified athletes may swim in an event in which they have not achieved the qualifying time provided the entry limit for the federation has not been met (4 per event) 8. Swimmers of the designated age-groups (see below) who compete at the selection events and perform to a level that indicates progress towards the Olympic Games in 2016 may be considered for nomination by the National Performance Director to the National Selection Committee Meeting, provided: a. The athlete completes an online claim form when the portal opens, found at http://www.swimireland.ie/high-performance-swimming/qualifications-standards/international-competitions/ b. Is within 1% of the Qualifying Times (Section B) c. Boys born 1995 or younger, Girls born 1997 or younger d. Meets the stated weekly training mileage in line with the National Squads Programme **Relay Selection:** Swimmers without individual qualification will be considered for relays, provided they meet the standards below, however they will only be eligible to compete in relays at the meet Relays will be selected through the following criteria: Freestyle Relays: The fastest four aggregated times achieved from the selection events will be considered Relay take over factors will be considered of 1.95 seconds in the combined time. Medley: The fastest swimmer in each stroke 100m event will be considered provided two of the relay team members have achieved the Qualifying Time Relay take over factors will be considered of 1.95 seconds in the combined time. *Athletes may compete at the European LC Championships in relays only.*

Section C

Eligibility Criteria	In order to be eligible to represent Ireland at this event an athlete must: 1. Meet **Rule 2 under FINA's General Rule Guidelines i.e:** The athlete must be an Irish citizen. If the individual is a naturalised citizen they must have lived in Ireland for 12 months prior to the competition/event. If an athlete has changed affiliation from another governing body to Swim Ireland they must have been a member for 12 months before the competition. 2. Be a registered Swim Ireland Member for 2013/2014

Section D

Team Commitments:	All selected athletes must: 1. Compete at the Irish Long Course National Championships, April 2014, in their main event. 2. Comply with the provisions of the Swim Ireland Athlete Commitment Contract 3. Attend, organised pre-meet camps and media events Please note: A pre-meet camp is planned prior to the European Long Course Championships 2014.

Section E:

Team Kit	Team Kit will be provided for the Irish Team for the meet. All athletes are expected to use kit received from Swim Ireland for 12 months of the European Senior LC Championships. Any team kit that has been damaged or lost can be replaced at a set price through the High Performance Department.

Section F:

Notes	➢ Swim Ireland may amend this selection criteria provided reasonable notice is given to all athletes and coaches. ➢ If an athlete is unable to satisfy the Swim Ireland requirements after selection and needs to withdraw from the team the NPD may, at his discretion, select the next athlete who has met all the eligibility and performance requirements. ➢ Swim Ireland will cover all costs associated with the European Long Course Championships within reason (i.e. costs that are incurred from when the team meets in the airport for departure to when the team arrives back in Ireland)
Further information	Please contact the National Performance Director, Peter Banks (npd@swimireland.ie) or the High Performance Administrator, Niamh O'Sullivan (hp@swimireland.ie) for further information or any queries you may have.

To claim your place on the Irish Team for the European Long Course Championships 2014 please apply through the Application Portal found at the link below.
Only athletes who apply for selection through the Application Portal will be considered.

http://www.swimireland.ie/high-performance-swimming/qualifications-standards/international-competitions/