



Two More Gold for Ireland as Medal Tally Reaches Eleven

Seven Heaven for Irish Swimmers

25th July 2014

Swim Ireland's International Youth Squad can't stay out of the headlines. The young swimmers continued their great form yesterday in Canada as they won another 2 Gold Medals, 2 Silver Medals and 3 Bronze Medals.

As a young team it is not easy to travel to a different Country, throw yourself in to the deep end and perform to your best ability. Ireland's young swimmers are showing how good they are physically and mentally as they go up against Canada's best young swimmers this week. With Personal Bests throughout the squad, they are putting themselves into finals every chance they get, consistently challenging for medals and winning.

Tallaght's Antoinette Neamt (13) and Larne's Conor Ferguson (14) continued where they left off on Day 1, on top of the Podium. Conor continued his impressive Backstroke form as he took the 50m sprint Gold in a time of 26.87 just outside getting another Irish Junior Record. Antoinette's Gold came in the 400IM as she dipped under the 5minute barrier for a new Personal Best of 4.59.76.

Rebecca Red from Ards at only 12 years of age showed why she is one to watch for in the future as she swam a 5.13.04 to take silver in the 400IM. The second silver of the night for Ireland was won by Longford's Gerry Quinn (16) in the 100 Freestyle with an impressive 51.87.

There were more medals to come in the Backstroke and Individual Medley events as 16 year old Rory McEvoy of Ennis took bronze in the 50m Backstroke (27.30), while Galway's Andrew Moore (16) finished in third place of the 400IM in a big Personal Best of 4.36.47.

Swim Ireland's National Performance Director, Peter Banks, is in Winnipeg with the squad and had this to say "Our aim before the competition was to bring the swimmers into a new environment, to challenge them and for them to gain experience. The swimmers have responded tremendously well to the challenge not only by winning medals but also swimming personal bests. The experience of racing against such tough competition here in Canada and to be part of an International Team will stand well to them in the future."

The strength in depth of the squad is probably the most impressive result. It is great to see the swimmers being able to compete in a range of events, swim Personal Bests and win medals in an International competition. This experience will carry forward for what is hopefully a long career for these swimmers.

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Day 2 Results

Canadian Age Group Championships, 23rd – 28th July 2014, Montreal, Canada

Robert Powell (Athlone SC), Gerry Quinn (Longford SC), Katie Baguley (Glenalbyn SC), Mona McSharry (Marlins ASC), Antoinette Neamt (Tallaght SC/SI NAC PC), Bryan O'Sullivan (Galway SC), Niamh Coyne (Tallaght SC), Andrew Moore (Galway SC), Rebecca Reid (Ards ASC), Conor Ferguson (Larne ASC), Rory McEvoy (Ennis SC), Ciara Doran (Limerick SC).

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Note to Editor:

- The morning heats of Canadian Age Group Championships begin at 3pm GMT and can followed on the Meet Mobile App or Live Timing: <https://www.swimming.ca/liveresults/2014cagc/>

Further Information: Conor Hillick
Swim Ireland
Ph: +353 85 1794232
Email: pr@swimireland.ie