


SWIM IRELAND NATIONAL SQUAD QUALIFICATION TIMES 2015/2016

		OLYMPIC FOCUS SQUAD	NATIONAL SENIOR SQUAD			NATIONAL JUNIOR SQUAD			NATIONAL YOUTH SQUAD		
		2016 RIO	OPEN	OPEN	1997	1997	1998	1999	2000	2001	2002+
MEN	FINA A Times	FINA A +1%	FINA A +5%	EJC 16th Avg	EJC 16 Avg+2%	EJC 16 Avg+3%	EJC 16 Avg+5%	EYOF 12 Avg+4%	EYOF 12 Avg+8%	EYOF 12 Avg+12%	
50 Freestyle	00:22.27	00:22.49	00:23.38	00:23.63	00:24.10	00:24.34	00:24.81	00:25.29	00:26.26	00:27.23	
100 Freestyle	00:48.99	00:49.48	00:51.44	00:51.40	00:52.43	00:52.94	00:53.97	00:55.17	00:57.29	00:59.41	
200 Freestyle	01:47.97	01:49.05	01:53.37	01:52.74	01:54.99	01:56.12	01:58.38	02:00.64	02:05.28	02:09.92	
400 Freestyle	03:50.44	03:52.74	04:01.96	03:58.56	04:03.33	04:05.72	04:10.49	04:15.10	04:24.91	04:34.72	
800 Freestyle	-	-	-	08:22.46	08:32.51	08:37.53	08:47.58	09:09.26	09:29.80	09:50.33	
1500 Freestyle	15:14.77	15:23.92	16:00.51	16:01.20	16:20.42	16:30.04	16:49.26	16:56.46	17:35.55	18:14.65	
100 Backstroke	00:54.36	00:54.90	00:57.08	00:57.67	00:58.82	00:59.40	01:00.55	01:01.76	01:04.14	01:06.51	
200 Backstroke	01:58.22	01:59.40	02:04.13	02:05.62	02:08.13	02:09.39	02:11.90	02:15.30	02:20.50	02:25.70	
100 Breaststroke	01:00.57	01:01.18	01:03.60	01:04.31	01:05.60	01:06.24	01:07.53	01:09.01	01:11.67	01:14.32	
200 Breaststroke	02:11.66	02:12.98	02:18.24	02:19.14	02:21.92	02:23.31	02:26.10	02:30.57	02:36.36	02:42.15	
100 Butterfly	00:52.36	00:52.88	00:54.98	00:55.40	00:56.51	00:57.06	00:58.17	00:59.68	01:01.98	01:04.27	
200 Butterfly	01:56.97	01:58.14	02:02.82	02:03.97	02:06.45	02:07.69	02:10.17	02:14.43	02:19.60	02:24.77	
200 I.M.	02:00.28	02:01.48	02:06.29	02:06.72	02:09.25	02:10.52	02:13.06	02:16.02	02:21.25	02:26.48	
400 I.M.	04:16.71	04:19.28	04:29.55	04:31.83	04:37.27	04:39.98	04:45.42	04:52.18	05:03.42	05:14.66	
WOMEN	2016 RIO	OPEN	OPEN	1998	1999	2000	2001	2002	2003	2004+	
	FINA A Times	FINA A +1%	FINA A +5%	EJC 16th Avg	EJC 16 Avg+2%	EJC 16 Avg+3%	EJC 16 Avg+5%	EYOF 12 Avg+4%	EYOF 12 Avg+8%	EYOF 12 Avg+12%	
50 Freestyle	00:25.28	00:25.53	00:26.54	00:26.85	00:27.39	00:27.66	00:28.19	00:28.81	00:29.92	00:31.02	
100 Freestyle	00:54.43	00:54.97	00:57.15	00:57.75	00:58.90	00:59.48	01:00.64	01:01.97	01:04.35	01:06.73	
200 Freestyle	01:58.96	02:00.15	02:04.91	02:05.26	02:07.77	02:09.02	02:11.52	02:14.01	02:19.16	02:24.32	
400 Freestyle	04:09.08	04:11.57	04:21.53	04:23.36	04:28.63	04:31.26	04:36.53	04:43.22	04:54.12	05:05.01	
800 Freestyle	08:33.97	08:39.11	08:59.67	09:08.77	09:19.75	09:25.23	09:36.21	09:44.39	10:06.87	10:29.35	
1500 Freestyle	-	-	-	17:48.11	18:09.47	18:20.15	18:41.52	18:57.78	19:40.32	20:22.85	
100 Backstroke	01:00.25	01:00.85	01:03.26	01:04.90	01:06.20	01:06.85	01:08.15	01:09.64	01:12.32	01:15.00	
200 Backstroke	02:10.60	02:11.91	02:17.13	02:19.88	02:22.68	02:24.08	02:26.87	02:29.80	02:35.56	02:41.32	
100 Breaststroke	01:07.85	01:08.53	01:11.24	01:12.77	01:14.23	01:14.95	01:16.41	01:18.63	01:21.66	01:24.68	
200 Breaststroke	02:26.94	02:28.41	02:34.29	02:37.71	02:40.86	02:42.44	02:45.60	02:49.03	02:55.54	03:02.04	
100 Butterfly	00:58.70	00:59.29	01:01.64	01:02.79	01:04.05	01:04.67	01:05.93	01:07.93	01:10.54	01:13.15	
200 Butterfly	02:09.33	02:10.62	02:15.80	02:20.87	02:23.69	02:25.10	02:27.91	02:34.80	02:40.75	02:46.70	
200 I.M.	02:14.26	02:15.60	02:20.97	02:21.80	02:24.64	02:26.05	02:28.89	02:32.76	02:38.63	02:44.51	
400 I.M.	04:43.46	04:46.29	04:57.63	05:02.47	05:08.52	05:11.54	05:17.59	05:24.25	05:36.73	05:49.20	

Summary of Times:

Olympic Focus Squad: Times are based on the 2016 FINA 'A' Standard plus 1%. Please refer to the Olympic Focus Squad Membership Criteria found on the Swim Ireland website

National Senior Squad (Column 1): Times are based on the 2016 FINA 'A' Standard plus 5% in line with athletes long term performance pathway development (Tokyo 2020)

National Senior Squad Column 2): Times are based on the average top 16 place finish at the last 6 EJC's. This is considered a transition squad nto senior swimming post EJC's

National Junior Squad (Column 1-3): Times are based on the average 16th place finish at the European Junior Champs over the last five years plus the relevant % in line with the performance pathway towards obtaining EJC qualification

National Youth Squad (Column 1-3): Times are based on the average 12th place finish at the European Youth Olympic Festival plus the relevant % in line with the performance pathway towards obtaining EYOF qualification