

APPENDIX 1 – STAKEHOLDER FEEDBACK

SPORT ORGANISATION	CHOOSING A CAPTAIN	WHAT IS THE ROLE	SKILLS/ ATTRIBUTES	TRAINING	RECOMMENDATIONS/ COMMENTS
SWIMMING /DIVING	Currently, varied methods of choosing a captain carried out on a club by club basis	Captain of a team of individual swimmers/divers – Captain is role model or figurehead	Feedback from young people in Swim Ireland will determine the necessary skills and attributes required for a Captain	No formal training currently – required for clubs and young people	Develop a training programme based on young people's views through the Erasmus+ project
GYMNASTICS		Leader	Role model Wants to be captain		
SAILING	Most experienced sailor is Captain	Exert power Helm the boat Responsible for safety	Know rules Tactics Experienced Power Be one voice Leadership Aggressive		Responses are relevant to team racing
SPECIAL OLYMPICS	Clubs choose leaders	Participation Leadership Shows responsibility Support & promote active citizens	Motivating Gauges emotions Dedicated public speaking Leads Calm Well behaved Encourages	Bronze, Silver, Gold leadership awards programme	
ATHLETICS		Strengthen & promotes cohesion React to needs	Wants to do the role Focused on participation Curious Interested Not necessarily the best	Club Children's Officers need training to support captains	Captains would benefit from training program

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BASKETBALL		<ul style="list-style-type: none"> Player Liaison Takes warm up Tactics Scope to develop for captain's needs to be met Player-coach buffer 	<ul style="list-style-type: none"> More mature Confident Extension of coach Practices hard Raises standards Trusted by coach Sympathetic Know "the line" 	<ul style="list-style-type: none"> Informal talks to regional squads 	<ul style="list-style-type: none"> Basketball is unique with time-out facilities allowing for more coach interaction during the game
RUGBY (IRFU + CONNACHT)	<ul style="list-style-type: none"> Coaches choose Captain has ability, stature & popularity 	<ul style="list-style-type: none"> Leadership Responsibility Referee communication Communication buffer for squad Player management Motivational Role model 	<ul style="list-style-type: none"> Disciplined Polite Confident Articulate Role model Popular Works hard Physical stature Good level of ability 		<ul style="list-style-type: none"> #networks
BADMINTON	<ul style="list-style-type: none"> No captains 	<ul style="list-style-type: none"> There are team captains for team selection within club badminton 	<ul style="list-style-type: none"> Good attitude Positive Respected Reliable Big personality Willing to learn Works hard 		<ul style="list-style-type: none"> Not similar to a captain's role in field sport

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PENTATHLON	Chosen by committee or manager	Leads by example Sociable, attends club events Liaise with coaches	Emotionally charged Strategic Respected Role model Knowledgeable Gets along with all Good at the sport Approachable Knowledgeable	Formal training may remove passion for sport	No need, no teams
COMMUNITY GAMES		Committee training Youth officer Youth director	Confident Articulate Seeks advice Conflict management Supportive Inclusive	Refer to NGB for training Provide inter cultural health training	Refer to NGB for training Provide inter cultural health training Don't specifically have captains but do have leaders
GAA (MEATH/ANTRIM)	Younger teams rotate Mentors Coaches can choose, and players may vote	Gradual increased responsibility Liaise with players & deal with issues Be the voice of team Create good atmosphere Be aware of bullying Create good atmosphere	Motivational Role model Sociable Will step up Positive influencer Calm under pressure Communicates well Respectful Understands the game		Players must want the role Post project this could be a player & coach training together rolled out in clubs/regions Must be included

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WATER POLO	Coach	Pre-game briefing with referee Be a role model Team cohesion Social activities Player/coach liaison	Problem solver Player awareness Supportive Motivational Communicates well Good listener Driven		
ULSTER HOCKEY	Position on the pitch is key	Admin Leadership Role model Committed Steps up Player/coach liaison Motivational Positive	Disciplined Positive Can liaise with different people Driven Calm under pressure Decisive Never gives up	Young leader's programme Officials taster programmes	Implication for the outgoing captain and those who are not successful in getting the role
FAI	Youths rotate weekly Hardest working player	Player management Player/coach liaison Motivational Role model	Leadership Team player & an individual Supportive Communicates well Driven Never gives up		

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SOFTBALL	Coaches Committee	Helps decide line-up & substitutions Communicate with umpire Communicate with players	Strategic knowledge Sporting intellect & Role model Decisive Communicates well Steps up	Mentoring	Difficult to get captains as there are large administrative and tactical duties
PARALYMPICS	Coaches choose to bridge a gap and create cohesion	Mentor Leadership Embrace values of Paralympics Get the best from others Be the go to person but doesn't take on issues	Good character Articulate, Works hard Good humour Enjoy all success Use disability as an advantage		
GOLF	Usually committee choice	Lead on awards night, may have a "captains' day"	Respectful, Friendly Role model, Endearing Can talk to all, Confident Wants the role, Empowering Communicative	Public speaking Communication Leadership	Can often be a PR thing, and most don't know why they are the captain Would struggle to know their role
CAMOGIE	Coaches choose U8-U12 rotating captains	Voice of players Liaise with coach Weekly communications Noticing players mood Check players understanding	Leadership Not necessarily the best player Respectful Communicate with all Resilient, Motivational Approachable Role model Empathetic, Friendly Competitive Bounces back		Consider the vice-captain role as a mentored role and opportunity for the captain