

What happens if I am a close contact?



What jurisdiction do you live in?

Northern Ireland

Republic of Ireland

Are you vaccinated?

Are you vaccinated?

No

Yes

Yes

No

Under 18 years old

18+ years old

You do not need to restrict your movements or get a test if you are fully vaccinated, as long as you do not have symptoms of COVID-19.

Over 13 years old

13 years & under

You should self-isolate and book a PCR test. If the PCR test is negative, you can end your self-isolation and should take another PCR test eight days after last known contact. If you develop symptoms at any time you should immediately self-isolate and book a PCR test, even if the earlier PCR tests were negative.

You should self-isolate for 10 days following last contact with the positive person.

You do not need to restrict your movements if you are fully vaccinated, as long as you do not have symptoms of COVID-19. You should get a PCR test on day two and day eight of the 10-day period following last contact with the positive person.

You need to get tested for COVID-19 and restrict your movements (stay at home) for 14 days

Children aged between 3 months and 13 years who are household contacts of a confirmed case of COVID 19 will still have to restrict their movements and get a COVID 19 test. Children who do not have symptoms of COVID-19 and may have been in close contact with a confirmed case of COVID-19 in schools, childcare facilities, sports, and social settings, will not have to restrict their movements or get a COVID 19 test.

Contact your club to inform the Lead COVID-19 Officer and do not attend training until self-isolation period has ended

You can stop restricting your movements when both apply:
• You have a negative test (COVID-19 not detected) 10 days after you were last in contact with the person who tested positive.
• You do not have any symptoms of COVID-19.

For more information:
Republic of Ireland - [HSE website close contact information](#)
Northern Ireland - [NI direct website close contact information](#)