

VII COMMONWEALTH YOUTH GAMES 2023

1st - 11th August 2023, Trinidad and Tobago

NOMINATION POLICY (SWIMMING)



Introduction

This Policy provides the avenue by which an athlete can be nominated to Commonwealth Games Northern Ireland (CGNI) for selection to the Northern Ireland Team ("Northern Ireland Team"). In all circumstances, an athlete is selected to the Northern Ireland Team for the 2023 Commonwealth Youth Games and not selected to a specific event. This avenue is described in further detail below

This Policy will only apply if:

- 1. The 2023 Commonwealth Youth Games are held on the existing dates of 1st August - 11th August 2023 and/or are held in the existing location of Trinidad and Tobago. If there is any postponement of the 2023 Commonwealth Youth Games beyond this period and/or a change of location, a new Nomination Policy will be required*
- 2. The 2023 Irish Open Championships are held on the existing dates of 1st April - 5th April 2023. If there is any postponement of the 2023 Irish Open Championships beyond this period, a new Nomination Policy will be required*

This Policy has been agreed by Swim Ulster Ltd and lodged with CGNI. It sets out the Swim Ireland National Selection Panel process for selecting athletes, additional coaches and/or team managers to:

- a. be considered eligible for nomination for selection;*
- b. be nominated for selection and;*
- c. be selected to the Northern Ireland Team for swimming at the 2023 Commonwealth Youth Games in Trinidad and Tobago*

This Policy also states who will be the Team Leader for the 2023 Commonwealth Youth Games. Athletes, additional coaches, and team managers must satisfy certain criteria to be considered eligible for nomination for selection. In addition to the criteria for eligibility for selection, there are minimum qualification standards which an athlete needs to meet to be considered for selection by the National Selection Panel. At the completion of the 2023 Irish Open Championships, for those athletes selected to one or more National Team/s, the following priority tiering system will be intrinsic to athletes and home programme coach planning, preparation and focus with regard to summer international benchmark meet status:

- 1. 2023 World Aquatics World Championships (50m)*
- 2. 2023 EOC European Youth Olympic Festival*
- 3. 2023 LEN European Junior Championships*
- 4. 2023 LEN Under 23 Championships and 2023 Commonwealth Youth Games*

Where an athlete is selected to more than one National Team from within the five listed above, the priority tiering status should be considered in terms of preparation and focus

The role of the National Performance Pathway Manager is to compile the names of athletes, additional coaches and team managers who meet the criteria for nomination for selection and to make recommendations to the National Selection Panel

The National Selection Panel is the expert panel, as defined in the 'Swim Ireland Selection Panel Terms of Reference (November 2020)', which nominates an athlete, additional coaches and/or team managers for selection

The Performance Senior Leadership Team comprises of the National Performance Director, the National Performance Pathway Manager, the Head of Physical Preparation, the Head of Performance Analysis, the Performance Manager and the National Centre Head Coaches, and is the expert group which nominates additional coaches, team managers and sports science/sports medicine practitioners to the Northern Ireland Team

The actual selection of any athlete, any additional team coach and team manager will be made by CGNI. As there is a finite, and yet to be confirmed, number of places for swimming, recording a Consideration Time, as detailed in this document, does not guarantee selection

World Aquatics is the Federation Internationale de Natation and is the international federation/governing body administering international competition in aquatic sports

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1. Nomination for Selection

- i. The National Selection Panel will nominate athletes to CGNI for selection via individual and relay events for the Northern Ireland Team as expediently as possible following the conclusion of the 2023 Irish Open Championships as described below
- ii. Individual Events
To be considered eligible for nomination via individual events for the Northern Ireland Team, athletes must:
 - a. Satisfy the conditions and standards set out in Section 4; and
 - b. Meet the athlete eligibility criteria set out in Section 3 below
- iii. Relay Events
To be considered eligible for nomination via relay events for the Northern Ireland Team, athletes must:
 - a. Satisfy the conditions and standards set out in Section 5; and
 - b. Meet the athlete eligibility criteria set out in Section 3 below

2. Northern Ireland Team

- i. CGNI is the body which has the power to select an athlete or member of staff to the Northern Ireland Team for the 2023 Commonwealth Youth Games in Trinidad and Tobago
- ii. CGNI will determine the team size and personnel
- iii. CGNI agrees to notify Swim Ulster Ltd of its selection or its refusal to select any nominated athlete as soon as reasonably practicable after CGNI receives the National Selection Panel's nominations
- iv. There are sixteen individual events per gender in the Commonwealth Youth Games programme for swimming. Athletes may be selected to the Northern Ireland Team via thirteen Olympic individual events per gender only. Up to a maximum of two athletes can be nominated for selection by the National Selection Panel via each individual event
- v. There are three mixed gender relay events in the Commonwealth Youth Games programme for swimming. Athletes may be nominated to the Northern Ireland Team via the Olympic relay event only. Up to a maximum of one relay team can be nominated for selection by the National Selection Panel

3. Athlete Eligibility

- At the time that the National Selection Panel is nominating athletes for selection to CGNI, athletes must meet all the following criteria to be considered eligible for nomination:
- i. Be eligible to represent Northern Ireland as per Commonwealth Games Federation Bylaw 17. A copy of this document can be requested by emailing admin@swimulster.net;
 - ii. Be a registered member of a Swim Ulster Ltd club based in Northern Ireland (any membership category is accepted) for the 2022-2023 season;
 - iii. Declare Northern Ireland as their Commonwealth country of representation;
 - iv. Be born in the period of 2005-2009;
 - v. Be in good standing with Swim Ireland and Swim Ulster Ltd;
 - vi. Be available to fulfil all of the Northern Ireland Team obligations;
 - vii. Other than in exceptional circumstances, have accepted their place on the National Programme or the Regional Programme in September 2022 (where offered);
 - viii. Comply with the statements and expectations of the Swim Ireland 'On This Performance Team' booklet;
 - ix. Not be the subject of a current anti-doping ban, a current doping violation and/or a pending doping violation. Swim Ireland shall inform CGNI immediately of the outcome of any anti-doping test of any athlete nominated for selection;
 - x. Comply with any Commonwealth Games Federation, World Aquatics and CGNI eligibility criteria and/or requirements. CGNI, in consultation with World Aquatics and the Commonwealth Games Federation, will decide on any question of eligibility (having regard to all eligibility criteria set by the Commonwealth Games Federation, World Aquatics and Swim Ulster Ltd Ltd) with the CGNI decision being final

4. Athlete Nomination (Individual Events Only)

- i. To be considered for nomination for selection to the Northern Ireland Team via an Olympic individual event(s), athletes must achieve one or more of the Consideration Times detailed in Table 1 at the 2023 Irish Open Championships in Dublin

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- ii. Times in Table 1 can be achieved from all rounds of competition in individual events only. Times achieved in Heats and/or Finals at the 2023 Irish Open Championships will have equal status and will be considered over and above times achieved in Time Trials at the 2023 Irish Open Championships

5. Athlete Nomination (Relay Events Only)

- i. To be considered for nomination for selection to the Northern Ireland Team via a relay event(s), the athletes with the fastest four aggregated times recorded across the two genders in the 100m Backstroke, 100m Breaststroke, 100m Butterfly and 100m Freestyle at the 2023 Irish Open Championships in Dublin, when combined, will be equal to or better than the Relay Consideration Time detailed in Table 2
- ii. The Relay Consideration Time includes a 1.5 second combined takeover differential within the Consideration Time in Table 2
- iii. All rounds of competition at the 2023 Irish Open Championships in Dublin (heat, final and/or time trials) are seen as having equal consideration status
- iv. In the case of a nominated relay, the National Selection Panel may also nominate for selection to the Northern Ireland Team additional athletes as relay alternates/back up options for such relay teams at their discretion

Table 1

MALE Consideration Time	Event	FEMALE	
		Consideration Time Born 2006-2009	Consideration Time Born 2005
23.51	50m Freestyle	26.70	26.40
51.35	100m Freestyle	57.03	56.47
1:52.89	200m Freestyle	2:03.84	2:01.78
4:03.54	400m Freestyle	4:19.78	4:16.57
NA	800m Freestyle	8:58.39	8:49.45
15:52.10	1500m Freestyle	NA	NA
56.62	100m Backstroke	1:04.15	1:03.61
2:03.52	200m Backstroke	2:18.19	2:17.19
1:04.64	100m Breaststroke	1:11.25	1:09.89
2:20.35	200m Breaststroke	2:36.47	2:33.32
55.24	100m Butterfly	1:01.44	1:00.96
2:02.72	200m Butterfly	2:15.58	2:14.55
2:05.99	200m IM	2:18.76	2:17.66
4:27.74	400m IM	4:51.18	4:47.02

Table 2

MIXED Consideration Time	Event	MIXED Consideration Time
4:02.09		400m Medley Relay

6. Athlete Nomination Procedure

- i. At the conclusion of the 2023 Irish Open Championships, those who have achieved the nomination criteria requirements (including the athlete eligibility requirements outlined in Section 3) will be considered eligible for nomination to CGNI by the National Selection Panel
- ii. If the number of athletes achieving the nomination criteria (in individual and/or relay events) exceeds the number of places made available to Swim Ulster Ltd by CGNI, the National Selection Panel shall nominate for selection as follows:
 - o The Consideration Times achieved for each nominated individual event and each nominated relay event will be ranked as a percentage inside the Consideration Time (Table 1 and Table 2) to reach the maximum team number permitted by CGNI
- iii. In the event of a tie (equal times achieved by two or more athletes) between any number of athletes, the athlete with the next fastest time achieved once (from all rounds of competition at the 2023 Irish Open Championships) in the same event will be considered for nomination by the National Selection Panel

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- iv. Subject to the joint professional discretion of the National Performance Director and the National Performance Pathway Manager, athletes selected to the Northern Ireland Team via an individual event may also be considered for additional individual event entries if the Northern Ireland Team do not already have two athletes selected for the individual event in question. Other than in exceptional circumstances, athletes nominated to additional Olympic individual events must have achieved a standard within 1% of the Consideration Times detailed in Table 1
- v. Subject to the joint professional discretion of the National Performance Director and the National Performance Pathway Manager, athletes nominated via an individual event may also be selected to relay events
- vi. Subject to the joint professional discretion of the National Performance Director and the National Performance Pathway Manager, athletes nominated via relay events only may also be considered for individual event entries if the Northern Ireland Team do not already have two athletes nominated for the individual event in question. Other than in exceptional circumstances, athletes nominated to additional Olympic individual events must have achieved a standard within 1% of the Consideration Times detailed in Table 1
- vii. The decision of the National Selection Panel shall be subject to an Appeals Process (Section 19)

7. Team Leader

- i. The Team Leader for the Northern Ireland Team at the Commonwealth Youth Games will be the National Performance Pathway Manager

8. Team Coach Eligibility

Depending on the size of the Northern Ireland Team and the staff accreditations made available to Swim Ulster Ltd by CGNI, any additional coach to be considered eligible for nomination for selection by the Performance Senior Leadership Team must meet the following criteria:

- i. Be a registered Swim Ireland member for the 2022-2023 season;
- ii. Be in good standing with Swim Ireland and Swim Ulster Ltd;
- iii. Be a full-time resident within Ireland;
- iv. Be a practising coach within an Irish swimming programme;
- v. Be holders of the Swim Ireland Level 3 Coaching Certificate or international equivalent or be enrolled on a Level 3 Coaches Course at the time of nomination;
- vi. Hold a Swim Ireland Coaching Licence;
- vii. Be available to fulfil the obligations of the Northern Ireland Team;
- viii. Other than in exceptional circumstances, have provided first-hand service or support as a coach as part of the National Programme or Regional Programme in the period 1st September 2021 – 5th April 2023 (where offered/requested);
- ix. Comply with the statements and expectations of the Swim Ireland 'On This Performance Team' booklet

9. Team Coach Nomination Procedure

- i. Subject to coaches meeting the criteria as set out in Section 8, one or more additional coaches may be recommended by the Performance Senior Leadership Team and where so recommended, may be nominated for selection to CGNI
- ii. Team Coaches may be nominated in an offsite (Commonwealth Youth Games Holding Camp only), onsite (Commonwealth Youth Games) and/or combined (Commonwealth Youth Games Holding Camp and Commonwealth Youth Games) role and such nominations will be reflective of the Team size, the number of accreditations available, the needs of the individual athletes and/or relays nominated, as well as considering the optimum balance of the Team as a whole. As such, a Team Coach may not be required/nominated

10. Team Manager Eligibility

Depending on the size of the Northern Ireland Team and the staff accreditations made available to Swim Ulster Ltd by CGNI, any team manager to be considered eligible for nomination for selection by the Performance Senior Leadership Team must meet the following criteria:

- i. Be a registered Swim Ireland member for the 2021-2022 and 2022-2023 season;
- ii. Be in good standing with Swim Ireland and Swim Ulster Ltd;
- iii. Be a full-time resident within Ireland;
- iv. Be a practising team manager within Swim Ulster;

- v. Be holders of the Swim Ireland Level 2 Team Management Certificate or equivalent Swim Ireland Team Manager CPD courses completed or international equivalent;
- vi. Be available to fulfil the obligations of the Northern Ireland Team;
- vii. Other than in exceptional circumstances, team managers will not be the parent or guardian of an athlete member of the Team;
- viii. Other than in exceptional circumstances, have provided direct service or support as a team manager as part of the National Programme or Regional Programme in the period 1st September 2021 – 5th April 2023 (where offered/requested);
- ix. Comply with the statements and expectations of the Swim Ireland 'On This Performance Team' booklet

11. Team Manager Nomination Procedure

- i. Subject to the team manager meeting the criteria as set out in Section 10, the team manager may be recommended by the Performance Senior Leadership Team and where so recommended, may be nominated for selection to CGNI
- ii. Team managers may be nominated in an offsite (Commonwealth Youth Games Holding Camp only), onsite (Commonwealth Youth Games) and/or combined (Commonwealth Youth Games Holding Camp and Commonwealth Youth Games) role and such nominations will be reflective of the Team size, the number of accreditations available, the needs of the individual athletes and/or relays nominated, as well as considering the optimum balance of the Team as a whole. As such, a team manager may not be required/nominated

12. Northern Ireland Team Obligations

In accepting a selection to the Northern Ireland Team for the 2023 Commonwealth Youth Games, athletes accept and agree that training with/competing for the Northern Ireland Team and/or the Ireland National Team takes precedence over training for/competing in any other competition, including that for another Team/Club or University programme in Ireland or anywhere in the world. Swim Ulster Ltd and CGNI require any athlete, coach or team manager who has been selected to represent the Northern Ireland Team at the 2023 Commonwealth Youth Games to meet and fulfil a suite of obligations, where non-adherence is subject to Section 15. Swim Ulster Ltd and CGNI oblige all selected athletes and, where relevant, all Ireland National Team staff to:

- i. Compete in the 2023 Irish Summer National Youth & Senior Championships as part of the preparation process
- ii. Agree not to disclose any selected Northern Ireland Team member name to the press or any other media (including their own social media) until Swim Ulster Ltd have themselves announced this to the press and other media
- iii. Compete in other Swim Ireland National Team events in 2023 (if selected and required to do so by the National Performance Director)
- iv. Complete, sign and comply with the Swim Ireland National Team Code of Conduct
- v. Comply with the CGNI Team Members Agreement
- vi. Complete a Swim Ulster Ltd Medical Form prior to competing at the Commonwealth Youth Games
- vii. Commit to the values of the Swim Ireland National Programme Athlete Charter
- viii. Abide by the Uniform Policy, the Media Policy, the Appearances Policy, the Betting, Gambling & Integrity Policy, and the Sports Supplements Policy of the Swim Ireland National Team
- ix. At the date of the decision of CGNI selections, all athletes selected must ensure that they are making the required Kitman submission each training/competition day
- x. Comply with Swim Ulster Ltd, CGNI and World Aquatics swimwear regulations
- xi. Adhere to all prescribed travel arrangements which might involve different travel dates to other members of the Team
- xii. Not take holidays between the 2023 Irish Open Championships and the 2023 Commonwealth Youth Games
- xiii. Make themselves available for all Northern Ireland Team activities designated by the National Performance Pathway Manager (including, but not limited to, and Swim Ireland National Team and/or CGNI Pre-Event Team Days, preparation camps and/or holding camps) as part of or in addition to the National Programme or Regional Programme (where offered and accepted subject to Section 3vi). No Team member will be allowed to leave a Team camp or undertake any activities that are not directly relevant to the Team camp, including any external media, sponsor, or social activities. Failure to attend the required activities could result in an athlete being de-nominated. Under exceptional circumstances, written approval to be excluded from activities can be given by the National Performance Pathway Manager

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- xiv. If Northern Ireland Team athletes intend to apply to/are invited to compete in the International Swimming League (ISL) in 2023, before making such an application they and/or their home programme coach must provide the National Performance Pathway Manager and the National Performance Director with a clear and comprehensive plan as to how the athlete's involvement in the ISL will aid and not hinder a peak performance at the 2023 Commonwealth Youth Games. Such athletes must receive a combined written approval from the National Performance Pathway Manager and the National Performance Director in relation to this plan before accepting their position within an ISL team, and this will be specifically subject to Section 14
- xv. Nominated athletes, team coaches, and team managers agree not to attend the Commonwealth Youth Games Opening Ceremony
Nominated athletes, team coaches, team managers, Swim Ulster Ltd and Swim Ireland agree to abide by all CGNI and Commonwealth Games Federation requirements

13. Team Uniform/Kit

- i. All Team uniform and kit (other than racing suits and swim caps) will be provided for and to the Team by CGNI
- ii. All Team racing suits, and swim caps will be provided for and to the Team by Swim Ulster Ltd or CGNI
- iii. Athletes accepting racing suits from Swim Ulster Ltd and/or CGNI must wear them (or another branded suit of the same sponsor) for all of their races. Athletes may exercise 'freedom of choice' in the wearing of a non-sponsor suit, but such a suit must be unbranded

14. Competitive Readiness

- 'Competitive Readiness' means the combined professional opinion of the National Performance Director and the National Performance Pathway Manager following advice, where necessary, from a member/s of the CGNI Medical Team as to the ability of an athlete who has been nominated for selection or who has been selected to represent the Northern Ireland Team at the Commonwealth Youth Games to achieve an equal or superior performance in their selected Olympic event(s) over their performance achieved to qualify for nomination for selection and/or selection
- i. Athletes who, in the opinion of the National Performance Director and National Performance Pathway Manager, do not remain Competitively Ready by reason of lack of fitness, injury, illness, application to training, performance behaviour or other reasons, may be removed from the Northern Ireland Team
 - ii. Athletes and their home programme coaches shall immediately report any injury, illness, change in training, change in application to training and/or performance behaviour, that could affect their ability to compete at their highest level at the Commonwealth Youth Games, to the National Performance Pathway Manager in writing, via e-mail
 - iii. In the case of lack of fitness, injury, or illness, it shall be necessary for the National Performance Director and the National Performance Pathway Manager to consider recommendations made by a member/s of the CGNI Medical Team
 - iv. In the case of application to training, or performance behaviour or other reasons, it shall not be necessary for the National Performance Director and the National Performance Pathway Manager to seek recommendations from a member/s of the CGNI Medical Team
 - v. In the case of lack of fitness, injury or illness, such athletes may be subject to a 'Proof of Readiness Test' to be determined by the National Performance Director, the National Performance Pathway Manager and appropriate a member/s of the CGNI Medical Team. The Proof of Readiness test will consist of a controlled performance such as a competition or an observed test or a time trial
 - vi. Athletes who are notified of a Competitive Readiness concern shall not travel with the Northern Ireland Team to any Team event including the Commonwealth Youth Games and the Commonwealth Youth Games Holding Camp, unless and until the opinion of the National Performance Director and National Performance Pathway Manager has been communicated to that athlete that the athlete does meet their opinion of Competitive Readiness. If the athlete is at either the Commonwealth Youth Games or the Commonwealth Youth Games Holding Camp and the opinion is that the athlete is not Competitively Ready, then he or she may be required to return home immediately
 - vii. The opinion on Competitive Readiness made by National Performance Director and the National Performance Pathway Manager is final

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15. Withdrawal & Removals

At any stage an athlete, coach or team manager may withdraw from the Northern Ireland Team but may only do so in extenuating circumstances

- i. An athlete, coach or team manager may be removed from:
 - a. Eligibility for nomination, or;
 - b. Nomination for selection, or;
 - c. Selection to the Northern Ireland Team for any of the following reasons:
 - Behaviour that is inconsistent with the National Team Code of Conduct
 - Found to be in violation of any anti-doping policy or procedure as outlined by Swim Ulster Ltd, Swim Ireland, Sport Ireland, UK Anti-Doping Agency and/or the World Anti-Doping Agency (WADA);
 - Unable or unwilling to fully comply with the Northern Ireland Team Obligations (Section 12)
- ii. An athlete may be removed from the Northern Ireland Team before or after nomination for selection or before or after selection if, in the opinion of the National Performance Director and the National Performance Pathway Manager, he/she does not have Competitive Readiness (Section 14)

16. Replacement or Addition

- i. If an athlete, coach, or team manager is removed from or withdraws from the Northern Ireland Team, that individual may be replaced by another eligible individual who meets the required standards set out in this Policy
- ii. The National Performance Pathway Manager, where in his opinion it is in the best interests of the Northern Ireland Team, may recommend to the National Selection Panel that any number of additional athletes, coaches or team managers be added to the selected Northern Ireland Team, subject to such additional individuals meeting the required standards set out in this Policy
- iii. In all cases of Replacement or Addition of an athlete/s, a coach/s or a team manager/s to the Northern Ireland Team, this shall be made by way of recommendation by the National Performance Pathway Manager, which recommendation is nominated by the National Selection Panel and which nomination is approved by CGNI

17. Unforeseen Circumstances

- i. In the event that this Policy is silent on any matter which arises in the administration or application or interpretation of any selection process or decision, then the National Selection Panel shall have discretion to determine any issue as they deem fit so long as it is exercised fairly and quickly

18. Amendments

- i. Subject to Swim Ulster Ltd and CGNI approval, the Performance Senior Leadership Team reserves the right to make changes to this Policy which, in its discretion, are necessary. No such changes shall be made after the commencement of the 2023 Irish Open Championships unless the changes relate to the National Selection Panel exercising its discretion under the 'Unforeseen Circumstances' provisions (Section 17)
- ii. Subject to Swim Ulster Ltd and CGNI approval, the Performance Senior Leadership Team reserves the right to review and modify this Policy or a decision related to the nomination process in the case of rule or policy changes from the Commonwealth Games Federation and/or World Aquatics that affect the criteria set out in this Policy
- iii. Any changes to this Policy shall be communicated via www.swimulster.net

19. Appeals

The following appeals procedure applies in respect of any appeal made by an athlete where:

- a. they have not been nominated for selection to CGNI by the National Selection Panel for the 2023 Commonwealth Youth Games, or;
- b. they have been de-selected from the Northern Ireland Team either as a nominated athlete by the National Selection Panel or as a selected athlete to the Northern Ireland Team for swimming by CGNI for the 2023 Commonwealth Youth Games

An athlete may appeal against a nomination decision or de-selection, only on the grounds that:

- There has been a failure to follow the process outlined in the Nomination Policy;

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- The National Selection Panel, or any member of it, involved in the making of the relevant nomination or de-selection decision, lacked the required independence and has shown actual bias when making the decision;
- The National Selection Panel reached a decision based on an error of fact; or
- The decision is unreasonable and one that no reasonable decision maker could ever have reached

If none of these grounds are met the appeal will be dismissed.

This ground cannot be used simply because an athlete believes the National Selection Panel made the wrong decision. The decision would need to be so unreasonable that no reasonable person/panel (acting reasonably) could have made it. It would not be sufficient to prove that the decision was merely unreasonable.

- i. Following the announcement of nominated athletes in the week commencing Monday 10th April 2023, the athlete (which for this purpose includes a parent and/or a coach of an athlete who is under the age of 18 years) is required to lodge an appeal in writing (Notice of Appeal) setting out in full detail the basis upon which the athlete wishes to appeal against the decision of not being nominated for selection by the National Selection Panel to CGNI
- ii. Any appeal against a decision made by the Appeal Committee shall be referred to Sport Resolutions UK (a trading name for The Sports Dispute Resolutions Panel Ltd – Company No.3351039) for final and binding arbitration in accordance with the Arbitration Act 1996 and Sport Resolutions UK's Arbitration Rules, which rules are deemed to be incorporated by reference to this clause
- iii. The Notice of Appeal must be emailed to stephen@swimulster.net and resolve@sportresolutions.co.uk on or before 1700 hrs Monday 17th April 2023 or in the case of a de-selection, the Notice of Appeal must be received within 72 hours of the communication to the athlete of the de-selection decision
- iv. An administrative fee of £100.00 must be paid with the Notice of Appeal either electronically to the Swim Ulster Ltd Bank Account (Sort Code 95-01-32, Account Number 22780453 or by cheque made payable to 'Swim Ulster Ltd'. This fee will be refunded to the Appellant if the Appeal is successful
- v. Sport Resolutions UK will respond in writing by email to the athlete within 48 hours of receipt of the Notice of Appeal to notify the athlete if there are grounds for an appeal and if so;
 - Whether the appeal will proceed by way of written submissions or an oral hearing and set a date for the hearing;
 - Whether the parties (athlete and Swim Ulster Ltd) should be required to submit statements of their evidence and/or written submissions prior to the hearing and, if so, a timetable for doing so and the procedure for exchanging such statements and written submissions;
 - In the case that there may be an 'affected athlete' whether they will be included in the appeal hearing and/or be invited to make a representation at the appeal hearing
- vi. Sport Resolutions UK will notify the athlete and Swim Ulster Ltd of the decision on the day of the hearing. Written reasons for the decision shall follow no later than one working day following the hearing. The decision of Sport Resolutions UK will be final and binding
- vii. Swim Ulster Ltd will also have the right to appeal to CGNI if athletes have been nominated by Swim Ulster Ltd and are not selected. This will be completed within 24 hours of CGNI notification of non-selection. All CGNI appeal decisions will be made ahead of final announcement of the team. Athletes do not have the right to appeal directly to CGNI.

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