

	1 METRE			3M			PLATFORM		
MEN	412	Eindhoven Cup 2019	Oliver Dingley	447.1	British Champs 2018	Oliver Dingley	205.9	Irish Open 2013	Tony Miller
WOMEN	261	British Champs 2022	Clare Cryan	300.75	FINA Grand Prix Singapore 2018	Clare Cryan	322.3	Ohio Fall Invite	Ciara McGing
JUNIOR BOYS In Senior Event	318.2	British Champs 2022	Jake Passmore	356.1	GB Futures Cup 2022	Jake Passmore	205.9	Irish Open 2013	Tony Miller
JUNIOR GIRLS In Senior Event	206.95	Irish Open 2014	Natasha MacManus	246.8	Irish Open 2019	Tanya Watson	286.45	Irish Open 2019	Tanya Watson
A - BOYS 16-18 Years	523.65	GB Junior Elite Nationals 2022	Jake Passmore	514.7	GB Junior Elite Nationals 2022	Jake Passmore	236.9	Sean McCormack 2011	Sean McCormack
A - GIRLS 16-18 Years	339.5	Senet Cup 2014	Natasha MacManus	364.3	Finish Nationals 2018	Tanya Watson	400.6	GB Junior Elites 2018	Tanya Watson
B - BOYS 14-15 Years	340.2	GB Junior Elites 2015	Tony Miller	353.5	Trofeo Niccolo 2015	Tony Miller	262.2	Irish Open 2011	Jack Ffrench
B - GIRLS 14-15 Years	322.15	Finish Nationals 2018	Anna Power	313.7	European Junior 2013	Natasha MacManus	295	European Juniors 2013	Natasha MacManus

IRISH NATIONAL RECORDS - SYNCHRO

	Springboard Synchro			Platform Synchro		
MEN	341.37	Senet Cup 2018	Jack Ffrench & Oliver Dingley	0		
WOMEN	0			272.37	Bolzano Diving Cup	Ciara McGing & Tanya Watson
Mixed Synchro	269.04	FINA Grand Prix Calgary 2019	Clare Cryan & Oliver Dingley	0		
JUNIOR BOYS (In Senior Event)	0			0		
JUNIOR GIRLS (In Senior Event)	0			0		
A/B - BOYS 14-18 Years	0			0		
A/B - GIRLS 14-18 Years	234.96	Finish Nationals 2018	Anna Power & Ciara McGing	0		