

Introduction to National Centre Life

Monday 15th April	0545-0600	<i>Pre-Pool</i>	NAC
	0600-0730	<i>Pool Session</i>	NAC
	0730-0745	<i>Post-Pool</i>	NAC
	1645-1700	<i>Pre-Pool</i>	NAC
	1700-1830	<i>Pool Session</i>	NAC
	1830-1845	<i>Post-Pool</i>	NAC
Tuesday 16th April	1415-1515	<i>Education</i>	TBC
	1530-1630	<i>Gym Session</i>	TBC
	1645-1700	<i>Pre-Pool</i>	NAC
	1700-1830	<i>Pool Session</i>	NAC
	1830-1845	<i>Post-Pool</i>	NAC
Wednesday 17th April	0545-0600	<i>Pre-Pool</i>	NAC
	0600-0730	<i>Pool Session</i>	NAC
	0730-0745	<i>Post-Pool</i>	NAC
	0830-0930	<i>Education</i>	TBC
Thursday 18th April	1415-1515	<i>Education</i>	TBC
	1530-1630	<i>Gym Session</i>	TBC
	1645-1700	<i>Pre-Pool</i>	NAC
	1700-1830	<i>Pool Session</i>	NAC
	1830-1845	<i>Post-Pool</i>	NAC
Friday 19th April	0545-0600	<i>Pre-Pool</i>	NAC
	0600-0730	<i>Pool Session</i>	NAC
	0730-0745	<i>Post-Pool</i>	NAC
	1645-1700	<i>Pre-Pool</i>	NAC
	1700-1830	<i>Pool Session</i>	NAC
	1830-1845	<i>Post-Pool</i>	NAC