

## LONG COURSE RECORDS



| EVENT                    | TIME     | DATE ACHIEVED | RECORD HOLDER(S)   | TIME     | DATE ACHIEVED                     | RECORD HOLDER(S)   |
|--------------------------|----------|---------------|--|----------|-----------------------------------|--|
| <b>SENIOR RECORDS</b>    |          |               | <b>FEMALE</b>  |          | <b>MALE</b>                       |  |
| 50m Freestyle            | 25.15    | 30/07/2022    | Danielle Hill  | 21.95    | 02/04/2023                        | Tom Fannon   |
| 100m Freestyle           | 54.87    | 21/04/2022    | Danielle Hill  | 48.68    | 05/04/2018                        | Shane Ryan   |
| 200m Freestyle           | 1.59.86  | 29/07/2022    | Victoria Catterson                                       | 1.46.66  | 27/07/2021                        | Jack McMillan  |
| 400m Freestyle           | 4.07.25  | 28/08/1996    | Michelle Smith   | 3.44.35  | 13/04/2023                        | Daniel Wiffen  |
| 800m Freestyle           | 8.25.04  | 12/08/2010    | Grainne Murphy   | 7.44.45  | 16/04/2023                        | Daniel Wiffen  |
| 1500m Freestyle          | 16.02.29 | 14/08/2010    | Grainne Murphy   | 14.34.91 | 14/06/2023                        | Daniel Wiffen  |
| 50m Backstroke           | 27.69    | 29/04/2023    | Danielle Hill  | 24.32    | 03/08/2018                        | Shane Ryan   |
| 100m Backstroke          | 1.00.18  | 24/06/2021    | Danielle Hill  | 53.73    | 30/03/2019                        | Shane Ryan   |
| 200m Backstroke          | 2.10.75  | 22/05/2012    | Melanie Nocher   | 1.58.80  | 08/04/2017                        | Conor Ferguson   |
| 50m Breaststroke         | 30.29    | 03/04/2023    | Mona McSharry  | 26.94    | 23/07/2019                        | Darragh Greene   |
| 100m Breaststroke        | 1.06.04  | 02/04/2023    | Mona McSharry  | 59.76    | 20/04/2021                        | Darragh Greene   |
| 200m Breaststroke        | 2.25.08  | 24/07/2021    | Mona McSharry  | 2.10.05  | 28/03/2019                        | Darragh Greene   |
| 50m Butterfly            | 26.62    | 28/07/2019    | Mona McSharry  | 23.44    | 20/04/2022                        | Max McCusker   |
| 100m Butterfly           | 57.96    | 01/04/2023    | Ellen Walshe   | 52.52    | 29/07/2021                        | Shane Ryan   |
| 200m Butterfly           | 2.09.91  | 20/08/1996    | Michelle Smith   | 1.56.55  | 23/07/2019                        | Brendan Hyland   |
| 200m Individual Medley   | 2.12.02  | 25/06/2021    | Ellen Walshe   | 2.01.52  | 30/03/2019                        | Brendan Hyland   |
| 400m Individual Medley   | 4.39.18  | 20/08/1996    | Michelle Smith   | 4.22.57  | 02/04/2023                        | Jack Cassin  |
| 4x100m FTR National Team | 3.44.37  | 17/05/2021    | Ireland - M McSharry, D Hill, V Catterson, E Riordan     | 3.16.88  | 17/05/2021                        | Ireland - J McMillan, J Sloan, S Ryan, M McCusker              |
| 4x200m FTR National Team | 8.07.66  | 24/07/2011    | Ireland - S McMahon, M Nocher, C Dawson, G Murphy        | 7.12.00  | 19/05/2021                        | Ireland - F McGeever, J McMillan, G Quinn, J Sloan             |
| 4x100m MTR National Team | 4.02.93  | 23/05/2021    | Ireland - D Hill, M McSharry, E Walshe, V Catterson      | 3.34.62  | 23/05/2021                        | Ireland - S Ryan, D Greene, B Hyland, J McMillan               |
| 4x50m FTR Club Team      | 1.47.39  | 13/11/2021    | Ards - R Reid, E McCartney, E McKibbin, V Catterson      | 1.32.76  | 09/11/2019                        | Bangor - J McMillan, C Coulter, D Thompson, J Sloan            |
| 4x100m FTR Club Team     | 3.55.52  | 23/02/2013    | UCD - J Stallard, S Stallard, I McGlynn, S O'Brien       | 3.22.66  | 21/02/2020                        | Bangor - C Coulter, J McMillan, D Thompson, J Sloan            |
| 4x200m FTR Club Team     | 8.28.85  | 20/02/2020    | Ards - A Kane, R Reid, E McKibbin, V Catterson           | 7.32.11  | 07/04/2017                        | Bangor - J McMillan, C Ferguson, D Thompson, J Sloan           |
| 4x50m MTR Club Team      | 1.58.85  | 11/11/2017    | Ards - R Reid, Z Thompson, E Reid, V Catterson           | 1.41.94  | 23/07/2016                        | UCD - D Prendergast, D Greene, A Murphy, K McGlade             |
| 4x100m MTR Club Team     | 4.19.66  | 28/07/2019    | Aer Lingus - C Quinn, A Haughey, L Thornton, H McMenamin | 3.45.07  | 08/04/2017                        | Bangor - C Ferguson, J Graham, J Sloan, D Thompson             |
| <b>JUNIOR RECORDS</b>    |          |               | <b>FEMALE (up to 17th birthday)</b>                      |          | <b>MALE (up to 19th birthday)</b> |  |
| 50m Freestyle            | 25.88    | 01/04/2023    | Grace Davison  | 23.06    | 21/07/2013                        | Curtis Coulter   |
| 100m Freestyle           | 56.93    | 03/04/2023    | Grace Davison  | 50.00    | 08/07/2016                        | Gerry Quinn  |
| 200m Freestyle           | 2.00.61  | 09/07/2011    | Sycerika McMahan   | 1.49.57  | 07/07/2018                        | Jack McMillan  |
| 400m Freestyle           | 4.13.85  | 07/07/2011    | Sycerika McMahan   | 3.57.38  | 18/11/2017                        | Jack McMillan  |
| 800m Freestyle           | 8.36.63  | 09/07/2009    | Grainne Murphy   | 8.06.17  | 21/04/2022                        | Liam Custer  |
| 1500m Freestyle          | 16.28.47 | 27/07/2009    | Grainne Murphy   | 15.39.74 | 25/08/2019                        | Daniel Wiffen  |
| 50m Backstroke           | 29.15    | 04/03/2016    | Danielle Hill  | 24.99    | 03/08/2018                        | Conor Ferguson   |
| 100m Backstroke          | 1.02.53  | 10/07/2016    | Danielle Hill  | 54.38    | 05/08/2018                        | Conor Ferguson   |
| 200m Backstroke          | 2.15.89  | 08/04/2018    | Maria Godden   | 1.58.80  | 08/04/2017                        | Conor Ferguson   |
| 50m Breaststroke         | 30.91    | 28/06/2017    | Mona McSharry  | 27.76    | 17/12/2020                        | Eoin Corby   |
| 100m Breaststroke        | 1.07.38  | 07/04/2017    | Mona McSharry  | 1.01.05  | 07/07/2019                        | Eoin Corby   |
| 200m Breaststroke        | 2.27.44  | 30/06/2017    | Mona McSharry  | 2.13.24  | 19/12/2020                        | Eoin Corby   |
| 50m Butterfly            | 27.07    | 27/03/2019    | Jena Macdougald  | 24.71    | 04/04/2018                        | Sean McNicholl   |
| 100m Butterfly           | 1.00.69  | 08/04/2018    | Ellen Walshe   | 54.29    | 03/04/2023                        | Jack Cassin  |
| 200m Butterfly           | 2.13.66  | 29/07/2009    | Grainne Murphy   | 1.59.14  | 02/08/2013                        | Brendan Hyland   |
| 200m Individual Medley   | 2.13.64  | 26/07/2009    | Grainne Murphy   | 2.03.16  | 04/04/2023                        | Jack Cassin  |
| 400m Individual Medley   | 4.40.88  | 11/07/2009    | Grainne Murphy   | 4.22.57  | 02/04/2023                        | Jack Cassin  |
| 4x100m FTR National Team | 3.56.69  | 20/07/2007    | Ireland - N O'Sullivan, B Carson, E Doyle, F Doyle       | 3.27.33  | 04/07/2012                        | Ireland - C Coulter, B O'Sullivan, B O'Sullivan, D Prendergast |
| 4x200m FTR National Team | 8.32.65  | 14/07/2013    | Ireland - MK McDowell, S Kelly, L Fleming, C Flood       | 7.33.73  | 06/07/2018                        | Ireland - R Powell, F McGeever, C McCarthy, J McMillan         |
| 4x100m MTR National Team | 4.16.81  | 25/06/2015    | Ireland - D Hill, M McSharry, E Reid, R Bethel           | 3.47.73  | 07/07/2019                        | Ireland - S Scannell, U Cooke, P Johnston, S McNicholl         |
| 4x50m FTR Club Team      | 1.49.96  | 10/04/2016    | Ards - R Reid, Z Thompson, V Catterson, E Reid           | 1.38.23  | 24/07/2016                        | Aer Lingus - N Turner, A Carey, B Doyle, C Kearney             |
| 4x100m FTR Club Team     | 3.58.95  | 17/02/2018    | Ards - S Armstrong, A Kane, R Reid, V Catterson          | 3.30.30  | 18/07/2013                        | Ards - C Coulter, M Scott, J Kelly, C Munn                     |
| 4x200m FTR Club Team     | 8.48.44  | 20/02/2020    | Trojan - A Rowlands, C Dowling, G Hodgins, N Rogers      | 7.51.60  | 27/04/2013                        | Ards - J Kelly, J Brown, M Scott, C Coulter                    |
| 4x50m MTR Club Team      | 2.00.63  | 09/04/2016    | Ards - R Reid, Z Thompson, E Reid, V Catterson           | 1.48.91  | 22/04/2017                        | Ards - P Johnston, J Angus, C Armstrong, T Uprichard           |
| 4x100m MTR Club Team     | 4.26.01  | 10/12/2017    | Ards - R Reid, M Davison, A Kane, V Catterson            | 3.56.15  | 27/04/2013                        | Ards - C Coulter, M Scott, J Brown, C Munn                     |