

# LONG COURSE RECORDS



EVENT	TIME	DATE ACHIEVED	RECORD HOLDER(S)	TIME	DATE ACHIEVED	RECORD HOLDER(S)
<b>SENIOR RECORDS</b>			<b>FEMALE</b>		<b>MALE</b>	
50m Freestyle	25.15	30/07/2022	Danielle Hill	22.14	31/07/2009	Barry Murphy
100m Freestyle	54.87	21/04/2022	Danielle Hill	48.68	05/04/2018	Shane Ryan
200m Freestyle	1.59.86	29/07/2022	Victoria Catterson	1.46.66	27/07/2021	Jack McMillan
400m Freestyle	4.07.25	28/08/1996	Michelle Smith	3.46.62	29/07/2022	Daniel Wiffen
800m Freestyle	8.25.04	12/08/2010	Grainne Murphy	7.46.52	20/06/2022	Daniel Wiffen
1500m Freestyle	16.02.29	14/08/2010	Grainne Murphy	14.51.79	03/08/2022	Daniel Wiffen
50m Backstroke	27.95	26/07/2019	Danielle Hill	24.32	03/08/2018	Shane Ryan
100m Backstroke	1.00.18	24/06/2021	Danielle Hill	53.73	30/03/2019	Shane Ryan
200m Backstroke	2.10.75	22/05/2012	Melanie Nocher	1.58.80	08/04/2017	Conor Ferguson
50m Breaststroke	30.87	04/03/2018	Mona McSharry	26.94	23/07/2019	Darragh Greene
100m Breaststroke	1.06.29	20/04/2021	Mona McSharry	59.76	20/04/2021	Darragh Greene
200m Breaststroke	2.25.08	24/07/2021	Mona McSharry	2.10.05	28/03/2019	Darragh Greene
50m Butterfly	26.62	28/07/2019	Mona McSharry	23.44	20/04/2022	Max McCusker
100m Butterfly	59.32	24/06/2021	Ellen Walshe	52.52	29/07/2021	Shane Ryan
200m Butterfly	2.09.91	20/08/1996	Michelle Smith	1.56.55	23/07/2019	Brendan Hyland
200m Individual Medley	2.12.02	25/06/2021	Ellen Walshe	2.01.52	30/03/2019	Brendan Hyland
400m Individual Medley	4.39.18	20/08/1996	Michelle Smith	4.23.22	25/06/2021	Cillian Melly
4x100m FTR National Team	3.44.37	17/05/2021	Ireland - M McSharry, D Hill, V Catterson, E Riordan	3.16.88	17/05/2021	Ireland - J McMillan, J Sloan, S Ryan, M McCusker
4x200m FTR National Team	8.07.66	24/07/2011	Ireland - S McMahan, M Nocher, C Dawson, G Murphy	7.12.00	19/05/2021	Ireland - F McGeever, J McMillan, G Quinn, J Sloan
4x100m MTR National Team	4.02.93	23/05/2021	Ireland - D Hill, M McSharry, E Walshe, V Catterson	3.34.62	23/05/2021	Ireland - S Ryan, D Greene, B Hyland, J McMillan
4x50m FTR Club Team	1.47.39	13/11/2021	Ards - R Reid, E McCartney, E McKibbin, V Catterson	1.32.76	09/11/2019	Bangor - J McMillan, C Coulter, D Thompson, J Sloan
4x100m FTR Club Team	3.55.52	23/02/2013	UCD - J Stallard, S Stallard, I McGlynn, S O'Brien	3.22.66	21/02/2020	Bangor - C Coulter, J McMillan, D Thompson, J Sloan
4x200m FTR Club Team	8.28.85	20/02/2020	Ards - A Kane, R Reid, E McKibbin, V Catterson	7.32.11	07/04/2017	Bangor - J McMillan, C Ferguson, D Thompson, J Sloan
4x50m MTR Club Team	1.58.85	11/11/2017	Ards - R Reid, Z Thompson, E Reid, V Catterson	1.41.94	23/07/2016	UCD - D Prendergast, D Greene, A Murphy, K McGlade
4x100m MTR Club Team	4.19.66	28/07/2019	Aer Lingus - C Quinn, A Haughey, L Thornton, H McMenamin	3.45.07	08/04/2017	Bangor - C Ferguson, J Graham, J Sloan, D Thompson
<b>JUNIOR RECORDS</b>			<b>FEMALE (up to 17th birthday)</b>		<b>MALE (up to 19th birthday)</b>	
50m Freestyle	26.08	06/03/2016	Danielle Hill	23.06	21/07/2013	Curtis Coulter
100m Freestyle	57.06	28/07/2009	Sycerika McMahan	50.00	08/07/2016	Gerry Quinn
200m Freestyle	2.00.61	09/07/2011	Sycerika McMahan	1.49.57	07/07/2018	Jack McMillan
400m Freestyle	4.13.85	07/07/2011	Sycerika McMahan	3.57.38	18/11/2017	Jack McMillan
800m Freestyle	8.36.63	09/07/2009	Grainne Murphy	8.06.17	21/04/2022	Liam Custer
1500m Freestyle	16.28.47	27/07/2009	Grainne Murphy	15.39.74	25/08/2019	Daniel Wiffen
50m Backstroke	29.15	04/03/2016	Danielle Hill	24.99	03/08/2018	Conor Ferguson
100m Backstroke	1.02.53	10/07/2016	Danielle Hill	54.38	05/08/2018	Conor Ferguson
200m Backstroke	2.15.89	08/04/2018	Maria Godden	1.58.80	08/04/2017	Conor Ferguson
50m Breaststroke	30.91	28/06/2017	Mona McSharry	27.76	17/12/2020	Eoin Corby
100m Breaststroke	1.07.38	07/04/2017	Mona McSharry	1.01.05	07/07/2019	Eoin Corby
200m Breaststroke	2.27.44	30/06/2017	Mona McSharry	2.13.24	19/12/2020	Eoin Corby
50m Butterfly	27.07	27/03/2019	Jena Macdougald	24.71	04/04/2018	Sean McNicholl
100m Butterfly	1.00.69	08/04/2018	Ellen Walshe	54.50	29/04/2013	Brendan Hyland
200m Butterfly	2.13.66	29/07/2009	Grainne Murphy	1.59.14	02/08/2013	Brendan Hyland
200m Individual Medley	2.13.64	26/07/2009	Grainne Murphy	2.03.48	22/07/2021	Ethan Hansen
400m Individual Medley	4.40.88	11/07/2009	Grainne Murphy	4.24.50	20/04/2022	Liam Custer
4x100m FTR National Team	3.56.69	20/07/2007	Ireland - N O'Sullivan, B Carson, E Doyle, F Doyle	3.27.33	04/07/2012	Ireland - C Coulter, B O'Sullivan, B O'Sullivan, D Prendergast
4x200m FTR National Team	8.32.65	14/07/2013	Ireland - MK McDowell, S Kelly, L Fleming, C Flood	7.33.73	06/07/2018	Ireland - R Powell, F McGeever, C McCarthy, J McMillan
4x100m MTR National Team	4.16.81	25/06/2015	Ireland - D Hill, M McSharry, E Reid, R Bethel	3.47.73	07/07/2019	Ireland - S Scannell, U Cooke, P Johnston, S McNicholl
4x50m FTR Club Team	1.49.96	10/04/2016	Ards - R Reid, Z Thompson, V Catterson, E Reid	1.38.23	24/07/2016	Aer Lingus - N Turner, A Carey, B Doyle, C Kearney
4x100m FTR Club Team	3.58.95	17/02/2018	Ards - S Armstrong, A Kane, R Reid, V Catterson	3.30.30	18/07/2013	Ards - C Coulter, M Scott, J Kelly, C Munn
4x200m FTR Club Team	8.48.44	20/02/2020	Trojan - A Rowlands, C Dowling, G Hodgins, N Rogers	7.51.60	27/04/2013	Ards - J Kelly, J Brown, M Scott, C Coulter
4x50m MTR Club Team	2.00.63	09/04/2016	Ards - R Reid, Z Thompson, E Reid, V Catterson	1.48.91	22/04/2017	Ards - P Johnston, J Angus, C Armstrong, T Uprichard
4x100m MTR Club Team	4.26.01	10/12/2017	Ards - R Reid, M Davison, A Kane, V Catterson	3.56.15	27/04/2013	Ards - C Coulter, M Scott, J Brown, C Munn