



**SWIM
IRELAND**

2022 IRISH OPEN CHAMPIONSHIPS SESSION TIMES

Day	Warm up Mixed	Session	Warm up Mixed	Session
	Heats		Finals	
Tuesday 19 TH April 2022	8.00am – 9.15am	9.30am – 11.15am	3.30pm – 4.45pm	5.00pm – 7.00pm
Wednesday 20 th April 2022	8.00am – 9.15am	9.30am – 11.30am	3.30pm – 4.45pm	5.00pm – 7.00pm
Thursday 21 st April 2022	8.00am – 9.15am	9.30am – 11.00am	3.30pm – 4.45pm	5.00pm – 7.00pm
Friday 22 nd April 2022	8.00am – 9.15am	9.30am – 11.15am	3.30pm – 4.45pm	5.00pm – 7.00pm
Saturday 23 rd April 2022	8.00am – 9.15am	9.30am – 11.00am	3.30pm – 4.45pm	5.00pm – 7.00pm