

Level 2 Swimming
Teacher: Pre-Course Checklist

The following Pre-Course Checklist must be completed at time of Registration for any Swim Ireland Teaching Course. For support in completing the form please contact education@swimireland.ie

Practical Requirements					
Practical: Swimming Lessons <ul style="list-style-type: none"> 4 x 3 hour blocks of swimming lessons delivered across 4 days (excluding breaks) <p><i>Please note swimming lessons cannot be delivered 6 hours in one day</i></p> <p>For example: Day 1: Swimming Lessons 9.30am-12.30pm (Saturday) Day 2: Swimming Lessons 9.30am-12.30pm (Sunday) Day 3: Swimming Lessons 9.30am-12.30pm (Saturday) Day 4: Swimming Lessons 9.30am-12.30pm (Sunday)</p>					
Swimming Lessons <ul style="list-style-type: none"> A minimum of 4 swimmers is required per group A minimum of 3 groups of swimmers is required per session In addition, one group of 8 swimmers is required for a minimum of 1 hour on each day <p><i>Please note a session is considered to be a 30-60 minute class</i></p>					
Ability of Swimmers <ul style="list-style-type: none"> A full range of abilities is required to be provided (Beginners, Improvers and Advanced level swimmers – Level 1-7 of the Swim Ireland Learn to Swim Programme) – please detail levels of swimmers in groups as per the example below 					
DAY 1	Time	Group 1	Group 2	Group 3	Additional Group
EXAMPLE	9.30-10.00am	Level 1	Level 2	Level 7	8 Swimmers – Level 3
DAY 1	Time	Group 1	Group 2	Group 3	Additional Group
Session 1					
Session 2					
Session 3					
Session 4					
Session 5					
Session 6					
DAY 2	Time	Group 1	Group 2	Group 3	Additional Group
Session 1					
Session 2					
Session 3					
Session 4					
Session 5					
Session 6					

Level 2 Swimming
Teacher: Pre-Course Checklist

DAY 3	Time	Group 1	Group 2	Group 3	Additional Group
Session 1					
Session 2					
Session 3					
Session 4					
Session 5					
Session 6					

DAY 4	Time	Group 1	Group 2	Group 3	Additional Group
Session 1					
Session 2					
Session 3					
Session 4					
Session 5					
Session 6					

Additional Information:

Practical: Additional Pool Time

- 4 x 1 hour blocks of additional pool time delivered across 4 days (excluding breaks)

	Additional Pool Time
Day 1	
Day 2	
Day 3	
Day 4	

Level 2 Swimming
Teacher: Pre-Course Checklist

Please note additional pool time can be delivered 2 hours across 2 days, however, 1 hour across 4 days is preferable

Pool features & Equipment

- Please provide dimensions and the depth of the pool

Dimensions	
Depth	

- Please indicate the equipment that will be available to the course

Toys	
Sinkers	
Woggles	
Flotation aids	
Floats	

Deck Manager

- Please supply the name and contact details of a *Deck Manager* who will be available to support during the practical delivery

Please note the Deck Manager is responsible for pupils' safety at arrival, dismissal, during the lesson and should have relevant health and safety, medical and any other information on the swimmers in attendance

Name:

Contact details:

Please sign to confirm the details above

Course Organiser:

Signature: