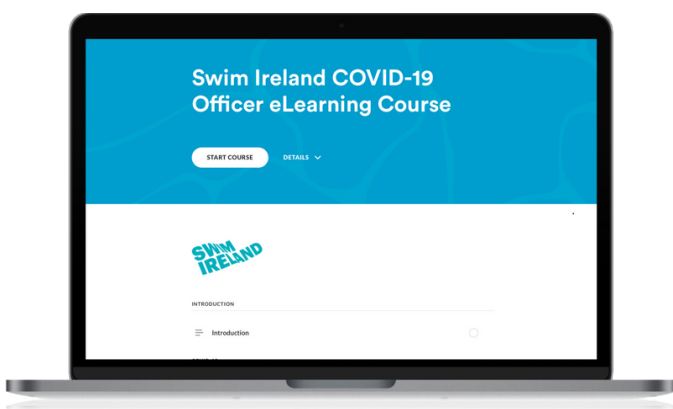


Please note:

This roadmap is Swim Ireland's interpretation of Government guidance and is dependent on Government restrictions being eased.

It is for advisory purposes only, and subject to change.

Swim Ireland will provide updated guidance as it is available.



OUTDOOR TRAINING RESUMES

NI - 12TH APRIL 2021

ROI - 26TH APRIL 2021

Outdoor swimming pools open for club training

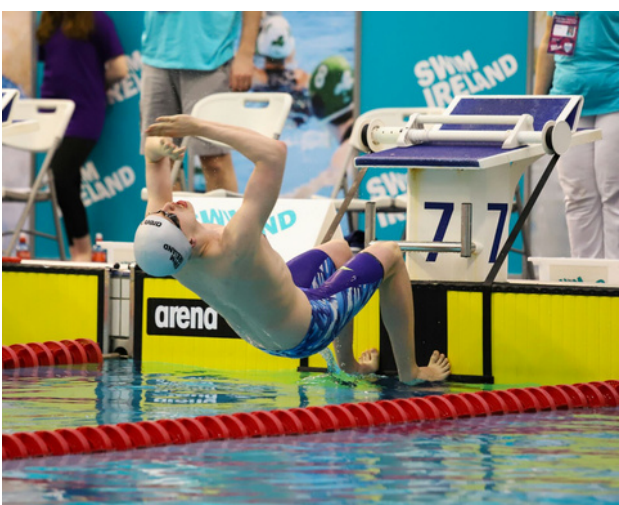
Club sessions/Groups (*underage athletes ROI*), can train in an outdoor setting in pods up to 15 (including in Open Water) (non-contact training)
Athletes can travel to train with their club



CONTACT TRAINING RESUMES

JUNE 2021 (TBC)

When Government measures allow contact training can resume



RELAX, REFRESH & RECHARGE

RECOMMENDED 2 WEEK BREAK

It's up to each individual club to decide when to take time off. Swim Ireland recommend that clubs take at least 2 weeks off prior to the start of the new season.

PREPARE AND PLAN

Clubs can begin to review their safety plans, re-engage COVID-19 Officers and seek support at any time. Resources continue to be reviewed and updated by Swim Ireland staff and are available on the [Swim Ireland website](https://www.swimireland.ie).



INDOOR TRAINING RESUMES

MAY 2021 (TBC)

When Government measures allow indoor training can resume. This is hoped to include the following:

Swimming lessons

Water Polo team and ball skills

Club swimming and diving

Athletes can travel to train with their club



AT LEAST 4 WEEKS AFTER TRAINING RESUMES

RETURN TO COMPETITION

A phased return to competition is planned with an emphasis on celebrating being back in the water.

Virtual events, inter club competitions, Water Polo Tournaments/ Leagues are currently under consideration



1ST SEPTEMBER 2021

START OF 2021-2022 SEASON