



Assistant Coach Vacancy

Reporting to: Head Coach and Club Management Committee

Qualifications Required (essential):

- Minimum of Swim Ireland level 2 coaching certification
- Up to date Swim Ireland / Sport Ireland safeguarding level 1 certification
- Up to date Garda vetting through Swim Ireland
- Current Swim Ireland coaches licence
- Up to date CPD's

Qualifications desired (not essential):

- Level 2 Swimming teacher certification
- Strength & Conditioning Certification (CSCS, UKSCA)

Job Spec	
Assistant Coach role	3 – 5 coaching sessions per week + Administration duties (Approximately 5-10 hours per week) ++ Gala assistance (essential)
Payment	€35 per coach session (1h 15) L2 €30 per development session (45mins) L2 € TBC Administration duties contract

Skills required:

- Organisation
- Leadership
- Adaptability
- Excellent communication
- Brilliant time management
- Team player
- Athlete centred coaching approach

Skills desired:

- Sufficient with Excel / PowerPoint
- Knowledge of programming swimming training plans (mesocycles – macrocycles)
- Able to use Performance Analysis software (NacSport, Dartfish etc) (Not essential!)

Please email Head Coach David Williamson: terenurescoffice@gmail.com attaching essential qualifications. **Closing date: Monday 12th December**