

**SWIM  
IRELAND**

# Women in Sport Week Celebration!

As part of our celebration for Women in Sport week (March 6th – March 12th), Swim Ireland are offering discounted fees for female members, on a wide range of eLearning and Virtual CPDs. Don't worry fella's we have the same planned for International Men's Day on November 19th 2023!

Access to learning resources are vital to your development as a Teacher, Coach or Official. Enjoy growing your knowledge on the topics below, at a discounted price as we celebrate WIS Week!

Take your pick and book via the links below!



**WOMEN IN SPORT WEEK**  
6<sup>TH</sup> – 12<sup>TH</sup> MARCH 2023

**#Women  
InSportIRE**

## Women in Sport Week Celebration!

### E-Learning CPDs

Complete in your own time, to suit your schedule!

All courses below available for just €10 when booking during WIS Week!

Adult Swimming (Teaching)	Introduction to Teaching Breaststroke	Introduction to Front Crawl & Backstroke
Anti-Doping	Introduction to Breaststroke & Butterfly	Level 1 Swimming Officials
Deaf Friendly Swimming	Introduction to Teaching Butterfly	Level 2 Swimming Officials
Introduction to Teaching Back Crawl	Introduction to Teaching Front Crawl	Visually Impaired Friendly Swimming

### Virtual CPDs:

20% discount, costs range from €10-€20 when booking during WIS Week!

Building Aerobic Capacity (7-8pm, 23/05/23)	Coaching Freestyle (7-9pm, 21/03/2)	Stroke Analysis (Faults & Corrections) (6-7pm, 20/07/23)
Coaching Backstroke (7-8pm, 18/05/23)	Frontcrawl Faults & Corrections (06/03/23)	<b>In Person Course;</b> Water Polo Referee <b>Discounted €10 26/03/23</b>
Coaching Butterfly (BLABT) (7-8pm, 06/09/23)	Race Pacing (6-7pm, 29/03/23)	