



## NAC Swim Club Development Coach

**Role:** Development Squad Coach

**Hours:** 6 hours per week

**Reporting to:** Head Coach of the NAC Swim Club

**Salary:** per hour based around experience & qualification

NAC Swimming Club is a thriving club with just under 150 members. The entry level to this vibrant team is the Development Squad, which is split into two equal squads of 40 swimmers per squad. Currently, there are approximately 32-38 swimmers per squad.

The strategic direction, in which the team is now looking to move in, is to have an entry level Development 1 squad, leading in to the Development 2 Squad beginning September 2019 to achieve an appropriate pathway which challenges swimmers in a progressive manner.

The NAC Swim Club has great opportunities for young people who are either currently still active members of the team or approaching the end of their competitive swimming career to progress to the coach staff team. Therefore there are a number of coaches working across the Development Squad.

NAC Swim Club is seeking to appoint a Development Coach to lead these two squads with an enthusiasm and passion for swimming, and willingness to learn and grow within the role.

### Duties:

- Create a safe, fun and appropriately challenging environment for young people to learn the skills and training for competitive swimming in line with the LTAD framework.
- Develop, plan and implement a yearly plan for each of the Development Squads.
- Prepare sessions to be delivered by both Development Coach and assistant coaches.
- Record attendance at each training session.
- Monitor emails sent to the development email on a regular basis.
- Manage competition entries on Team Unify.
- Prepare a gala yearly plan for swimmers and work closely with the NAC Swim Team's Gala Coordinator to ensure appropriate competition paperwork is completed.
- Attend competitions and provide supportive and constructive feedback to swimmers.
- Provide regular feedback to parents when requested regarding progression and

development.

- Manage coach cover for sessions.
- Ensure a parent on duty is available at each session and record attendance of same.

#### Requirements:

- Minimum of 18 years of age
- Garda vetting with NAC Swim Club
- Safeguarding qualification up to date
- Minimum of Swim Ireland Level 2 Certificate or equivalent
- Swim Ireland Coaching License in date
- Enthusiasm for swimming
- Good knowledge of swimming skill and training principles
- Approachable manner
- Work well under pressure
- Work closely with stakeholders

#### Desirable:

- 2+ years' experience working in a similar role
- Fully qualified Swim Ireland Level 2 Coach
- Worked with Swim Ireland registered Club in a coaching capacity previously
- Swam competitively at a club / regional / national / international level

