



Tallaght Swim Team

Tallaght Swim Team (TST) seeks a dynamic Head Coach (Level 2/3) with the experience and vision to lead and develop TST in the long term as a premier competitive swim club.

Location: Tallaght Sports Complex, Castle Lawns, Dublin 24 and additional venues around Dublin to facilitate sessions

Start Date: August/September 2022

Hours: As the Head Coach you will be responsible for designing and leading the Tallaght Coaching programme. This role will also include general programme administration and attendance at competitions and relevant events as required

Tallaght Swim Teams hours are a combination of weekday mornings and evening sessions also including weekend sessions both morning and afternoon. There is also an extensive dryland program run in conjunction with our pool sessions.

The Head Coach is required to work closely with and support the existing coaching team and build strong relationships with the committee for the progression of Tallaght Swim Teams longevity.

Reporting to: TST Swim Committee

Tallaght Swim Team is an Equal Opportunities Employer. Career development opportunities on offer and supported by Swim Ireland

The Club

Tallaght Swim Team (TST) is a competitive swimming club that trains out of Tallaght Sports Complex, which has been our home for many years and serves as our base. We also avail of other training opportunities in different pools such as the NAC 50m pool to develop our swimmers further.

TST is a key part of coaching in the South Leinster area, leading to many swimmers being taught to swim and progressing to their own highest levels including Regional and National Champions up to and including Olympians and World Championship competitors. We have a proud history of achievement including several Irish records along with a strong history of international & Olympic participation.

Our membership includes swimmers of all levels. TST has current members from many other areas with Leinster. The club welcomes new members of all ages to join, develop and improve their swimming skills and when they are ready compete in competitions starting at club level and progressing at the correct time and level.

The squads range from the Transition and Learning Class which is for swimmers moving up from Lessons to our A squad who compete at National and International Levels. The programme at Tallaght is varied and swimmers can move from lessons through our squads developing not only their swimming skills but strong friendships.

Performance swimming is at the heart of what we do, and our Club Culture, values and ethos focusses on an athlete centered, coach-led philosophy, enabling every swimmer to fulfil their potential. Tallaght Swim Team has invested heavily in the development of our swimmers in the past 12 months, and we are lucky to have a swimmers only gym with state of art equipment to assist in obtaining the full potential of our swimmers. We also have state of the art in water training equipment ensuring a full workout in and out of the water.

The Club consists of several squads at different levels with one to fit your swimmers needs. Membership is currently growing fast and creating a great team environment and we are seeing new swimmers join on a weekly basis

For more information about our club visit our website at <https://tallaghtswimteam.ie/>

The Role & Duties

The role will involve coaching & mentorship of our existing coaching team.

The Head Coach will perform such duties as discussed and agreed between the Head Coach and the TST's Committee including but not limited to:

1. To provide a positive and safe environment for all TST members
2. To deliver a technical swim program for competitive swimmers following Swim Ireland LTAD (Long Term Athlete Development Plan).
3. Manage & work closely with the TST Coaching Team to deliver the best coaching plan for all.
4. To primarily coach our Senior Squad but some coaching hours and oversight will be required with more junior squads to facilitate their development.
5. To oversee, liaise and provide advice about TST's Learn to Swim program (in house & locally) to ensure the coaching team delivers this program to the highest standards.
6. Ensure all members at all levels are coached and trained to reach their full potential.
7. Be a positive role model, creating an encouraging and motivating swim environment.
8. Evaluate sessions and give feedback to coaches and swimmers.
9. Mentor and develop the Coaching Team
10. Travel to events and competitions agreed with Committee.
11. Support the Committee in its fundraising efforts for TST.
12. Attend Continuing Professional Development (CPD) Courses offered to Coaches.
13. Work closely with the Swim Irelands Regional Pathway Coach and Regional Programme and Swim Ireland Opportunities.

SKILLS

1. A successful proven track record with coaching and teaching swimmers new skills and strategies.
2. Hard working and passionate about swimming and the development of all the swimmers especially the junior swimmers to ensure TST's values are maintained as swimmers develop

3. Have an excellent understanding of session planning in key areas such as technical, tactical, and physical and have an understanding of Strength and Conditioning and how to apply this area to the training programmes.
4. Experience of on deck protocols and knowledge of SI procedures
5. Excellent interpersonal skills and a team player
6. Strong leadership and communication skills
7. Excellent organisational skills and problem solving
8. Ability to manage, develop and mentor the coaching team at all levels
9. Ability to demonstrate a passion for your sport, coupled with a desire to learn and continuously improve your skillset.
10. Leadership and Communications skills – ability to inspire, educate and motivate swimmers to train and fulfil their potential
11. Level 2 Coaching Qualification or Level 2 Teaching Qualification required.
12. Up to date Garda Vetting through Swim Ireland required.
13. Current Swim Ireland Safeguarding Level 1 Certificate required.
14. Current Swim Ireland Coach/Teacher Level 2 License required.

Interested applicants should send a copy of their CV to Martina Comerford, Chairperson Tallaght Swim Team at chairperson@tallaghtswimteam.ie. Closing date for all applications is 22 July 2022.

Please feel free to reach out for more information on the role.